
Spirit, Soul & Body

Andrew Wommack book notes

INTRODUCTION

God began renewing my mind through His Word. Then I started experiencing that same divine reality as before—only this time it wasn't just in a physical, emotional way. The Lord revealed truths that changed my thinking and released His power in me.

This understanding of spirit, soul, and body was one of the first revelations I received through studying the Bible. It not only alleviated the frustration and confusion I had but has served as a foundation for almost everything the Lord has shown me since. These important truths freed me from the bondage of much wrong thinking and enabled me to consistently experience God's supernatural power. Personally, I cannot comprehend how anyone can truly prosper in their relationship with God apart from understanding this basic revelation!

I've seen the Lord set more people free through this one teaching than almost anything else I've ever ministered! What you now hold in your hands has the potential to revolutionize your entire Christian life!

CHAPTER 1 - GOD'S MIRROR

"And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ" (1 Thess. 5:23). Even though God's Word clearly teaches that we are three part beings, very few Christians practice a functional understanding of spirit, soul, and body in their everyday lives!

Most people actually believe that they're only made up of body and soul. They confuse soul and spirit as being basically the same thing. Therefore, on a day-to-day level, they only acknowledge a physical part and an emotional, mental, inner part (commonly called "personality").

Your spirit is your innermost part, not your "immortal soul."

Your body is obvious. It's the physical part of you that can be seen in a mirror. If you were talking to me face to face, you'd be seeing my body.

However, you'd be speaking to my soul, which is my mental, emotional part. Some people define "soul" as being your "mind, will, and emotions." While that's certainly true, it's incomplete because your conscience should also be included. Your soul is what most people call their "personality."

You can feel both your body and your soul. If I put my hand on your shoulder, you'd know that I touched you. By speaking to your soul, I can make you glad, sad, or mad. Through my words, I could even "hurt" you without physically touching your body.

Your spirit cannot be accessed in any natural way. Jesus declared, "That which is born of the flesh is flesh; and that which is born of the Spirit is spirit" (John 3:6). He meant that there's no direct connection between the two. They are interrelated, as you'll later see, but spirit is spirit and flesh is flesh. You simply cannot contact your spirit through your emotions or your physical body. Herein lies one of the great problems of the Christian life!

If you don't understand that spiritual reality can't be felt, then you'll be confused when God's Word declares that you have the same power that raised Jesus from the dead (Eph. 1:18-20). If you think truth can be discerned through your natural senses, then you'll be baffled when the Bible says that you're a brand-new creature who can

do the same miraculous works that Jesus did (2 Cor. 5:17, John 14:12). Without understanding spirit, soul, and body, you'll search your body and soul in bewilderment wondering, "Where is it? I don't really have that kind of power in me. The Bible is so hard to understand!" If you can't see, taste, hear, smell, or touch what the Word reveals about you, you'll immediately be thrown into conflict. This apparent disparity between your experience and God's Word will cause you to throw up your hands in frustration and conclude, "It must not be true!"

UNLOCKING THE SPIRIT REALM

Understanding spirit, soul, and body unlocks the spirit realm so you can experience who you are and what you have in Christ!

Since the spirit realm can't be naturally seen or felt, the only way to accurately perceive spiritual truth is through the Bible. Simply take God's Word and believe it!

Jesus said, "It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life" (John 6:63). God's Word reveals spiritual reality. If you want to know what your spirit is like, you must find out from the Word. You can't just go by emotion or some other type of perception. God's Word is spirit and life!

When you look into the Bible, you behold yourself in the spirit. "For if any be a hearer of the word, and not a doer, he is like unto a man beholding his natural face in a glass: For he beholdeth himself, and goeth his way, and straightway forgetteth what manner of man he was. But whoso looketh into the perfect law of liberty [God's Word, specifically the New Testament], and continueth therein, he being not a forgetful hearer, but a doer of the word, this man shall be blessed in his deed" (James 1:23-25).

God's Word is a spiritual mirror!

A PERFECT REFLECTION

God's Word perfectly reflects who you are in the spirit. It's the only way you can know. You can't just assume, "If I had God's power inside of me, I'd be aware of it" because that which is Spirit is spirit and that which is flesh is flesh! It would be like trying to feel if your makeup was on or your hair was combed. Those things just can't be felt! You must look in God's mirror and trust the spiritual reality you see!

CONFUSED

Every born-again believer has undergone a complete inner transformation. "Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new. And all things are of God, who hath reconciled us to himself by Jesus Christ" (2 Cor. 5:17-18). Notice how it doesn't say that "all things are becoming new" or "have the potential of being new." This verse declares "old things have passed (past tense) away," "all things have become (present tense—reality right now) new," and "all things are of God."

If you don't understand spirit, soul, and body, you're instantly set up for confusion, frustration, and ultimately unbelief when you see a verse like this. After reading about a total change and all things being of God, you look at your body and immediately start wondering because it hasn't passed away or become brand new. If you were overweight before receiving the Lord, that didn't change the moment you got saved!

A time will come when you'll receive a glorified body, but that hasn't happened yet. "For this corruptible must put on incorruption, and this mortal must put on immortality" (1 Cor. 15:53). Although Christ's atonement provided for you physically, your body has not yet been saved. It's been purchased, but not yet redeemed.

(Example of S&H green stamps...) Although the stamps were purchased, they weren't redeemed until I turned them in. It wasn't the stamps themselves I wanted but what I could redeem them for! Jesus purchased your glorified body through His death, burial, and resurrection. Although full payment has been made, you still have a corrupted

body while you wait to receive your immortal, incorruptible one. At this moment, you don't yet have the redemption of the purchased possession (Eph. 1:14).

Your soul wasn't saved either! This sounds strange to many people because they use terminology like "I'm a soul winner!" and "I came to see a soul saved" to describe an evangelist and evangelism. In reality, the New Testament only mentions "soul salvation" a few times—and none of them, in context, are talking about the born-again experience (Heb. 10:39; James 1:21, 5:20; 1 Pet. 1:9). Soul salvation happens when an emotionally discouraged and mentally defeated Christian starts believing God's Word and then experiences **victory, peace, and joy** again. However, when it comes to being born again, your soul wasn't the part of you that completely changed!

If you were stupid before being saved, you'll still be stupid after being saved. If you didn't know math before being born again, you won't instantly know math afterwards either. In fact, if you were depressed before you got saved, you'll stay depressed until you change the way your soul thinks by believing God's Word.

Your soul can be transformed now to the degree you renew your mind, change your attitudes, and conform your values to the Word of God. This should happen, and it's in the process of happening, but it didn't automatically happen. In your soul, old things didn't pass away, and all things haven't yet become new. The transformation of your soul won't be completed until you go to be with Jesus!

WHERE THE CHANGE IS COMPLETE!

When you receive your glorified body, you'll also receive your glorified soul. First Corinthians 13:9-12 reveals how, when that which is perfect is come (your glorified body), your current partial knowledge will give way to full revelation. You won't know in part anymore, but you'll know all things even as also you are known. That's the coming future fulfillment of transformation and completed change in your body and soul!

But 2 Corinthians 5:17 clearly states that any person who is in Christ is right now a brand-new creature! Old things have passed away. All things have become new. This total transformation isn't just in process; it's describing a change that's already been done—an accomplished fact.

Where did this complete change occur? According to God's mirror—not in your body and not in your soul, but in your born-again spirit!

CHAPTER 2 - RELEASE WHAT YOU'VE ALREADY GOT!

Your spirit totally changed at salvation! Upon making Jesus Christ your Lord, your spirit underwent an instant and complete transformation. Typically, your body and soul are both impacted by what happened, but it's not total, nor complete.

People who don't understand that the change took place in their spirits and has to work its way out into their souls and bodies are usually quite disappointed. "I thought I'd become a brand-new person. Jesus was going to change everything!" Then unbelief takes hold. "But things didn't change, and I'm still the same!"

The truth is—**your spirit has totally changed! You aren't in the process of trying to get anything from God. Everything you'll ever need in the Christian life is already present in its entirety in your spirit! At this very moment, your born-again spirit is as perfect and complete as it'll ever be throughout all eternity.** You won't get a new one when you arrive in heaven, and neither will it need to be matured, completed, or cleaned up from any defilement down here on earth.

Your spirit is—right now—as **perfect, mature, and complete** as Jesus Himself!

THE PIVOT POINT

After being born again, the rest of your Christian life consists simply of renewing and releasing! As you do, your

soul will agree with what's already transpired in your spirit. **When your soul comes into alignment with what it sees in God's spiritual mirror, what's already in your spirit releases into your soul and body.** That's how you experience the benefits of your salvation!

If your spirit and soul agree, you experience the life of God. Your born-again spirit is always for God because it's already been completely changed into His likeness and image. When your soul agrees with your spirit, that's two parts of your being against one. Since the majority always rules, your soul and body will experience the **life, victory, and power** that is in your spirit.

On the other hand, the supernatural flow of life from your spirit to the physical realm stops when your soul agrees with your body (majority rules again) and is **dominated by the natural realm.** You cut yourself off from experiencing God's life in you when you **align your soul with what you can see, taste, hear, smell, and feel instead of what you perceive in the Word.** What's in your spirit must flow through your soul in order to get out to your body and the physical world around it!

(ILLUSTRATION ON PAGE 11 - 3 circles, spirit in the middle, then soul, then body on the outside circle)

The outer circle is your body. It's the part you can see and feel. Then you have an inner part that can't be seen but can be felt. That's your soul. Notice how your soul touches both your body and spirit. Your spirit is a second inner part. **Although it's the center of who you are, it can't be seen or felt.**

Most people don't recognize the fact that **their spirits are the core of their beings.** They function primarily out of their soulish realm, believing what they think and feel is reality. They may perceive their souls to be the core of who they are, but God's Word says differently.

Your spirit is the real you! "For as the body without the spirit is dead, so faith without works is dead also" (James 2:26).

Your spirit is your life-giving part!

Since your life comes from your spirit, it's the innermost circle of the three. Notice also how your spirit is completely surrounded by your soul. It has no direct access to your physical body. The diagram of three rings also illustrates this lack of a direct link. That's why everything that comes out from your spirit to your body must go through your mental, emotional part!

(ILLUSTRATION ON PAGE 12 - 3 olympic rings, spirit on the left, soul in the middle, then body on the right)
(2nd ILLUSTRATION ON PAGE 12 - a cylinder, body on the left side of the cylinder, spirit on the right side of the cylinder, the mind/soul is in the middle and is controlled by a valve)

When you open the valve, what's in your spirit can flow through to your body. Depending upon how open it is, the flow of life could be just a trickle, a small stream, or rivers (John 7:38). When the valve is closed, the flow from spirit to body shuts off. That's a great illustration of how a born again believer functions!

In your spirit, you've got the same power that raised Jesus Christ from the dead (Eph. 1:18-20). However, it's possible to have this power and never manifest it. If your soul, like a valve, stays closed to this truth, you won't experience it. Without **opening the valve by renewing your mind to God's Word,** the eternal reality in your spirit won't be able to impact the temporal "reality" of your physical realm. All that resurrection life and power just stays locked up inside until you look into the spiritual mirror long enough to see the real you and release it!

If you're dominated by what you feel, your soul is agreeing with the natural realm. Even though you have the

resurrection life of God in your spirit, your soul can keep it shut off so that not one drop of life-giving power ever touches your physical body.

You can experience depression, anger, and bitterness all the while possessing God's love, joy, and peace in your spirit (Gal. 5:22). Since this applies to every area of your life, can you see how pivotal your soul is?

Your body doesn't really control anything. It just goes with the flow of what it sees, tastes, hears, smells, and feels unless otherwise influenced by the soul. It's amoral—neither good nor bad. Left to itself, your body just reacts to and goes along with what's happening in the physical realm.

When your soul agrees with your spirit, the life of God in you will manifest itself in your physical body. You'll experience healing, deliverance, anointing, victory, power, joy, prosperity— on and on it goes!

NUGGET - VICTORY BEGINS

Since most Christians don't have a working knowledge of spirit, soul, and body, they're dominated by what they can see, taste, hear, smell, and feel instead of God's Word. The flow of life within stays turned off because they don't believe anything they can't see. Neither do they understand the change that happened in their born-again spirits, **nor are they fully aware of who they are in Christ.** To them, something's just not real if it can't be perceived through their five natural senses. Attempting to be "honest," they search their physical, emotional, and mental realms for God's power. If they can't perceive it, then they must not have it.

However, the truth is that old things passed away, and all things became new in your spirit the moment you were born again. Now, everything you'll ever need in your Christian life is already there. **Just renew your mind and release it!**

This truth revolutionized my life! I had experienced God's power and reality, but when the emotion of it wore off, I thought they were gone. I knew God and everything He promised was real, but I thought I had to try to get Him to give me things. Due to my wrong thinking, I went through a period of discouragement, frustration, and desperation—not from sin but from a sincere desire to live for Him and experience His best. I felt like no matter how hard I tried, I could never get there. Then I started to see that God had already given me everything in my born-again spirit. As this revelation dawned on me, I realized that **I just needed to release it.** This simple understanding changed everything!

Since then, I've recognized that the Christian life isn't a process of "getting from God." Instead, it's a **process of renewing my mind and learning to release what I've already received.** It's much easier to release something I've already got than to go get something I don't yet have!

This erroneous concept of trying to get something you don't yet have carries within it an element of doubt. You see a promise in the Word concerning healing, joy, victory, power, provision, or whatever, and since you know God loves His children and keeps His promises, you start heading toward that, "believing God." You know it's possible—even promised—but since you can't perceive it yet in your mental, emotional, or physical realms, you don't believe it's already been done. **In your mind, God's promise isn't a "reality" until you physically have it.**

(Story of overcoming financial problems)you already had it. Why would you doubt something you've already got?" My point exactly! **God placed everything you'll ever need inside your born-again spirit. Once you believe you've already got it, doubt is eliminated!**

When you confessed Jesus Christ as your Lord and Savior, your spirit instantly changed. In your spirit, you are brand new and complete. God has already given you everything you need. The rest of your Christian life isn't learning how to get from Him but rather discovering how to release what He's already placed within!

CHAPTER 3 - RENEW, ACKNOWLEDGE & EXPERIENCE

Paul prayed for his friend "that the communication of thy faith may become effectual by the acknowledging of every good thing which is in you in Christ Jesus" (Philem. 1:6). "Communicate" means to "release" or "transfer." For instance, I'm communicating, releasing, transferring to you what God has spoken and made a reality in my life. "Effectual" means it begins to "work" or "produce." **How does your faith work and produce? "By the acknowledging of every good thing which is in you in Christ Jesus."**

Old Testament principles don't necessarily apply to New Testament faith. That's why concepts like "getting more faith," "receiving a new anointing," "getting more of God," and "receiving a double portion" don't work.

John 1:16 reveals, "And of his fulness have all we received, and grace for grace." Under the New Covenant, we have all received (past tense) His fullness!

As a believer, God gave you everything when you were born again. Old things passed away, and all things became new. In your spirit, you received the same measure of faith, the same power, the same wisdom, and the same ability as every other Christian. Our spirits are all identical to the Lord Jesus Christ in every way. Your spirit isn't in the process of growing and maturing because it's already complete; you've already got everything!

The rest of your Christian life is learning how to manifest in the physical realm what's already in your born-again spirit. The way your faith becomes effective, productive, operative is by acknowledging every good thing in you (your spirit) in Christ. Since you can only acknowledge things that already exist, you can't acknowledge something that's not a reality. Therefore, in order for your faith to work, you must recognize, believe, and acknowledge the good things in you in Christ!

ONE-THIRD COMPLETE

I didn't see any manifestation of power, victory, joy—anything—until I **started renewing my mind and discovering what God had put inside me.** As I began acknowledging what He had already done, His presence and power started manifesting in my life. The lives of the people I ministered to began to change. Acknowledging the good things in me in Christ caused my faith to work and produced supernatural results!

Most Christians believe God can do anything but experience very little. Now that they've been born again, they know they have access to the Lord. They believe that God can release His power in answer to prayer, but whether something comes to pass or not depends on their performance (i.e., being holy, speaking right, studying the Word, tithing, avoiding strife, etc.). This view short-circuits God's power because their focus is on what they need to do instead of what Christ has already done. It's not His power these Christians doubt but rather His willingness to use it on their behalf. They think God's power is out there somewhere, and they must do things in order to obtain it!

The truth is, when you were born again, God put His power, anointing, victory, joy, peace—everything—in you in abundance. **The only reason they aren't manifest in your soul and body is your unrenewed mind.** It's not that God didn't give it but that you're still looking at the physical realm instead of His spiritual mirror.

One-third of your salvation is already complete! Right now, your spirit is as saved, sanctified, holy, and empowered as it will ever be throughout all eternity. Someday you'll receive a new body and a new soul to match up with your new spirit. Until then, it's your soul and body that are in the process of change, not your spirit. At the Second Coming of Christ, or when you die and go to Him, the change in your soul will be instantly completed. Then when the Lord returns, your spirit and soul will be reunited with your glorified body. At that time, all three will be perfect. But until then, **the Christian life is renewing your mind and acknowledging the perfection already in your spirit so that your soul and physical body can experience the benefits of salvation!**

CONFORMED OR TRANSFORMED—IT'S YOUR CHOICE!

"I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God" (Rom. 12:1-2).

Don't be conformed to this world! "Conformed" means "to be poured into the mold of." In life, you will encounter pressures—from the world, from the devil, from unbelievers, and from circumstances. Although you can't avoid being melted, you can choose which mold you'll be poured into. When pressure comes, will you become bitter or better? As fiery trials arise, will you stand victorious or give in to defeat? The choice is yours, but you will be changed!

Be transformed by the renewing of your mind! "Transformed" in the Greek is the same word we derive "metamorphosis" from. It's the picture of a little worm spinning a cocoon and then coming out as a butterfly. The way you transform, change, metamorphose from being bitter, hurtful, sick, and defeated into the loving, healed, healthy, and victorious person that God created you to be is through **renewing your mind**. Your spirit is already changed, and your body is basically your soul's caboose. Whatever you think in your soul, your body will just go along for the ride. Therefore, **it's your mind, your thoughts, your attitudes that determine whether you experience victory and the life of God in your spirit or the defeat and death of the fallen natural realm. Renewing your mind to the Word facilitates your transformation!**

God's Word tells you what is spiritually true. It gives you the new values and attitudes you should conform yourself to. As you continually look into the Lord's spiritual mirror, you'll begin to see and experience yourself for who you really are!

CHAPTER 4: REALITY—CARNAL OR SPIRITUAL?

"For to be carnally minded is death; but to be spiritually minded is life and peace" (Rom. 8:6).

Carnal mindedness doesn't necessarily mean "sinful" mindedness. All sin is carnal, but not all carnality is sin. "Carnal" literally means "of the five senses," or "sensual." Carnal mindedness is allowing your mind to be dominated by what you can see, taste, hear, smell, and feel. You are carnally minded when your thoughts center primarily on the physical realm.

Even in the natural, you've learned to believe in things you can't see. Radio and television signals constantly surround you. Microwaves heat your food. Because of germs, you wash your hands, whether they look dirty or not. Although these physical things can't be seen, you're still very aware of their presence in your life.

However, there's also an entire spiritual world—including realities within you—that exists beyond your natural perception. Your brain and five senses can't perceive it, but your soul can through God's Word. By faith, you can believe things that can't physically be seen!

LET PEACE FLOW!

Spiritual mindedness releases the flow of God's life in you, but carnal mindedness shuts it off. Simply stated, carnal mindedness = death, and spiritual mindedness = life and peace (Rom. 8:6).

"Death" means "anything that's a result of sin." This isn't limited only to the ultimate physical death of your body but includes all of death's progressive effects as well (i.e., sadness, loneliness, bitterness, illness, anger, poverty, etc.). In this fallen world, being dominated by your natural senses produces death.

But spiritual mindedness produces life and peace! Jesus declared, "The words that I speak unto you, they are spirit, and they are life" (John 6:63). When your thoughts are dominated by what the Word says, you're spiritually minded.

It doesn't matter what your physical circumstances might be—God can keep you in perfect peace! "Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee" (Is. 26:3). As your mind stays on Him, your soul agrees with your spirit, and God's peace is released into your soul and body. Your born-again spirit is always in perfect peace—it's just a matter of drawing it out!

On the other hand, you won't experience the peace within when your mind stays fixed on your problems. Peace—an emotion—is linked to the way you think! Your lack of peace isn't because of any circumstance or person; it's just that you've allowed your mind to be dominated by what you can see, taste, hear, smell, and feel. You're busy thinking about the potential damage, considering what the problem has done to others, and hashing through their opinions on the subject. All the while, God's peace has been present in your spirit, but you haven't drawn it out. Open that closed valve and let peace flow!

ALIENATED THROUGH IGNORANCE

Believers shouldn't live like lost people who are trapped in their carnal, physical world. "This I say therefore, and testify in the Lord, that ye henceforth walk not as other Gentiles walk, in the vanity of their mind" (Eph. 4:17). In context, "Gentile" was a non-Jew, someone not in covenant relationship with God. In other words, unbelievers don't use their minds to perceive spiritual truth.

Ephesians 4:18 talks about "having the understanding darkened." If you don't renew your mind and use it to study and meditate God's Word, it'll automatically gravitate toward what you can see, taste, hear, smell, and feel. This darkens your understanding.

Understanding is the application of knowledge. "Knowledge" puts food into your mouth and chews. "Understanding" actually swallows and digests it so that the beneficial nutrients can be released into your body.

The knowledge of God is critical but must be understood to be useful. Without understanding, you can't release the life that's in it.

When a Christian walks like an unbeliever, they get the same results—death. Believers who don't understand and apply the knowledge of God in their lives gravitate toward carnal mindedness. Without spiritual knowledge and understanding, your mind can't be renewed, and the life of God in your spirit can't be released. That's why understanding this revelation of spirit, soul, and body is the first step toward walking in life and peace!

When a believer's understanding is darkened, they are "alienated from the life of God through the ignorance that is in them, because of the blindness of their heart" (Eph. 4:18). In other words, the life of God is still there, but they are alienated from it due to ignorance, which refers to the mind. This is where most Christians live their lives—separated from the life of God within, due to their own ignorance of spiritual truth.

In His Word, God declares that by His stripes, you were healed (1 Pet. 2:24). You look at yourself and ask, "Is that cancerous tumor gone?" Still feeling pain, emotionally drained, and fearful, you continue, "God says I'm healed, but I'm not. It's still there, so I must not be healed." By adopting that attitude, you've allowed your five senses to dominate you more than God's Word. The same power that raised Jesus from the dead is in you, but you didn't believe it (Eph. 1:18-20). You let your mind be controlled by what it saw in the physical realm more than the spiritual realm. Therefore, even though you have the resurrection life of God in your spirit, it won't manifest in the physical realm because you're carnally minded, which equals death.

ENGINE OR CABOOSE?

Lasciviousness = controlled by what you feel. "Who being past feeling have given themselves over unto lasciviousness, to work all uncleanness with greediness" (Eph. 4:19). There's a godly type of feeling. You don't just deny that your senses exist. However, most people have gone beyond simply receiving sensory input to being

dominated by them. They've left what God intended feelings to be and entered into lasciviousness—where feelings run their lives.

Feelings should be the caboose not the engine. They were designed to follow what you think, not lead the way. When you let the caboose act like the engine in your life, you'll find yourself either going nowhere or heading straight for a train wreck! For a believer, this should not be!

THE SPIRITUAL APPROACH

"But ye have not so learned Christ; If so be that ye have heard him, and have been taught by him, as the truth is in Jesus: That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; And be renewed in the spirit of your mind; And that ye put on the new man, which after God is created in righteousness and true holiness" (Eph. 4:20-24).

Renew your mind to the Word and put on the new man! Ephesians 4:24 plainly reveals that your born-again spirit—the new man—was created after God in righteousness and true holiness. You need to recognize and acknowledge your true self in God's mirror. Right now, in your spirit, you are righteous and holy!

At times, you might think, I'm getting holier, but in reality, you're just referring to your actions in the physical realm. The degree of holiness you live outwardly may vary, but the nature of your born again spirit is righteousness and true holiness.

That's why you must worship Him in spirit and truth! "God is a Spirit: and they that worship him must worship him in spirit and in truth" (John 4:24). Your spirit is the part of you that completely changed. Old things passed away. All things became new. You cannot approach God unless you come to Him through the righteousness and true holiness of who you are in the spirit.

You aren't worthy to come into His presence based on the righteousness and holiness of your thoughts and actions. Even at your best, you still fall short of doing everything you should. Even when you've been seeking the Lord wholeheartedly, you still have negative and impure thoughts in your mind. No matter how hard you try, you'll never measure up to God's perfection through your own efforts in the physical, emotional, and mental realms.

How then does God in His holiness fellowship with you if even at your best, you still fall short of His standards? He communes with you Spirit to spirit! You became a brand-new creature who is now righteous and holy. In your born-again spirit, you're as pure as Christ is because His righteousness has been given to you. "But of him are ye in Christ Jesus, who of God is made unto us...righteousness" (1 Cor. 1:30). Jesus Himself literally became your righteousness!

FROM RAGS TO RIGHTEOUSNESS!

Now that you're born again, one-third of your being is completely righteous. Unlike your spirit, your body and soul are in process. Until you're with Jesus in glory, they don't "arrive"—they just leave and head in that direction. Your physical, emotional, and mental realms will always need improvement, but your spirit is complete. Man's performance simply cannot accomplish what only the new birth can do—change his spiritual nature!

FIX YOUR GAZE

When you were born again, your old spirit died, was instantly removed, and replaced (Rom. 6). You became a brand-new creature with a recreated, elevated spirit.

That's why God's mirror reflects you as righteous, holy, and pure. The makeup of your born-again spirit is identical to Jesus Himself!

Fix your gaze on God's mirror! Let your spirit's reflected image dominate your thoughts. As who you are in Christ grows stronger in your heart, carnal "reality" must give way to spiritual reality. That's when you'll experience life and peace!

CHAPTER 5 - ONE WITH JESUS

As Jesus is, so are you—right now—in this world! "Herein is our love made perfect, that we may have boldness in the day of judgment: because as he is, so are we in this world" (1 John 4:17, emphasis mine). Notice how it's this world, not the next. The Word says now, presently, here on earth. It's not talking about heaven in the future! As Jesus is, so are you! If you only look in your physical and soulish parts to see if you're like Jesus, you'll conclude, "The Bible is so hard to understand!"

The born-again part of you is the only feasible explanation for "as Jesus is right now, so are you in this world!" It's not your body, nor your soul, but your spirit that's as Jesus is. What an awesome truth!

However, very few Christians truly believe this reality! Since their spirits can't be physically seen or emotionally felt, carnal facts consistently win over spiritual truth. Without looking at themselves in God's spiritual mirror, they just submit to what they see, taste, hear, smell, and feel. Most Christians remain carnally minded and experience its deadly effects instead of choosing to be spiritually minded and enjoying life and peace!

HITTING PAY DIRT

If you believed that you are, in your spirit, just as Jesus is right now in heaven—in all of His glory, power, and perfection— your life would be revolutionized! However, believing is just the first step. You must also learn how to release this reality from within. Just thinking this awesome thought once won't instantaneously change everything in your life. It's a process! As the seed of this truth becomes firmly rooted and established in your mind, a process of understanding, growing, and maturing begins in your soulish realm. Then, over time, you'll see radical changes manifest as you continue believing this truth and releasing God's corresponding power from within your born-again spirit.

The more you know and understand God's Word, the quicker you'll start seeing spiritual riches manifest in your life. But before any of it works, you must acknowledge what's already there. In your spirit, as Jesus is, so are you in this world!

If there are molecules and atoms in the spirit realm, then you are molecule-for-molecule and atom-for-atom identical to Jesus. As He is, so are you in this world. In your spirit, you are completely one with Him!

Many believers don't embrace these radical truths because they can't physically prove them. Trapped by natural perception, they're just too accustomed to being dominated by what they can see, taste, hear, smell, and feel to believe that they really do have this kind of spiritual unity with the Lord. Even though it's the truth of God's Word, they simply cannot bring themselves to perceive spiritual reality. It's just too contrary to their physical senses!

But you can believe and experience this truth! You can be transformed by renewing your mind to the point where you prove—manifest to your physical senses—the good, acceptable, and perfect will of God (Rom. 12:1-2). By embracing the Word, you'll be able to see the perfection that's in your spirit start flowing out through your soul and body. It'll not only impact you but also others whom God touches through you. Virtue will flow out of you and heal people just like it did with Jesus!

KEPT DIGGING

If you think what you can see, taste, hear, smell, and feel is all there is to reality, you won't be able to walk in all of God's will. You won't experience the power and ability of God within if you can't perceive things beyond your body and soul. If you think that God's power is with Him somewhere out there, eventually you'll become discouraged. It's not that you won't believe God has power, but you'll doubt you can ever attain it. You must believe you are one with Him in spirit and that it's your responsibility to release His power from within in order to see it manifest.

You can't doubt you'll get something that you know you've already got! It's just a matter of releasing what He's placed in you. If you really believe, you'll keep digging until you eventually hit pay dirt, and something begins to work!

I didn't understand how faith worked for many years, but just knowing it was there motivated me to keep digging. I began praying and believing for things when there was no natural evidence whatsoever that would lead me to think I could manifest such power. When I prayed for people to be healed, I didn't feel anything in my flesh—no tingle, no burning, nothing. I had no reason to believe God's power would manifest except that I'd been looking in my spiritual mirror and knew it was in me somewhere.

Not very many were healed at first because I didn't understand much. But since I laid my hands on so many different people, I started seeing some healed. Power would manifest that was beyond my natural ability. Encouraged, I kept digging. The deeper I dug, the more I'd find. The more I'd find, the quicker and easier it became to dig. I laid my spoon down in favor of a shovel. After a while, I tossed the shovel aside and stepped up into a backhoe. Today, I'm still mining the riches God placed in my born-again spirit!

My attitude completely changed since discovering these truths. When problems came, I used to feel inadequate. I'd lament, "O God, I know You've got power, but I'm just a man. I don't have any power at my disposal." Then I realized I'm not just a man anymore. One-third of me is complete. One-third of me is identical to and one with Jesus. One-third of me is wall-to-wall Holy Ghost! Because of the confidence, security, and faith this has given me, I can confront and overcome problems now that I wasn't able to before. As you keep digging, these truths will do the same for you!

CHAPTER 6 - SEALED!

No human being could have dreamt up the new birth and all of the realities that took place in our born again spirits. It's just beyond our imagination that God would indwell us and that our spirits would be as He is in this world.

(SUMMARY)

If you've received the revelation thus far, you can say, "I see it! I'm a brand-new person in my spirit. Old things passed away, and all things have become new. As Jesus is right now, so am I in this world. My spirit, the real me, was created in righteousness and true holiness."

Many people who have seen these truths, who rejoiced over them, and who were immediately impacted have since sinned or gotten busy and forgotten. Something happened and they find themselves back in some of the same negative situations they were in before being born again (i.e., defeat, discouragement, etc.).

I have good news—what God does in the spirit always remains constant and unchanging regardless of fluctuations in your performance!

IMPRISONED

Inmates are descriptive of us all. Everyone has prisons— problems in their lives that keep them bound up.

A newly born-again prisoner will often become vulnerable to discouragement, doubt, and unbelief because they don't understand that the change took place in their spirit, and the rest of the Christian life is renewing their mind to believe and release what God has already put inside them. The next morning they wake up to find themselves in the same cell, facing the same trials and the same penalties. Looking only in the physical realm, it's easy for them to conclude, "It didn't work. The Word isn't true. God didn't change me because everything's still the same!"

Many times your problems intensify once you're born again. That's just the devil throwing everything he has at you because you're no longer on his side, and he wants to stop your witness. If you're not careful, you can become confused and think, I'm not sure anything really happened!

The change occurred in the spirit, not the physical realm. In fact, one-third of it is already complete! Your new man has been created in righteousness and true holiness (Eph. 4:24). You're not evolving into it because in your spirit, you already are.

ACCEPTED

Jesus became sin so you could become righteous. "For he hath made Him to be sin for us, who knew no sin; that we might be made the righteousness of God in Him" (2 Cor. 5:21). Jesus became what you were so you could become what He is. He took your sin and gave you His righteousness!

God doesn't look at you the way you look at yourself. He looks upon your spirit and sees that you are righteous. Most people pray, "O God, I'm so sorry. I've failed You miserably again. How can You love me? Have mercy!" They don't recognize the truth that the performance of their bodies and souls, either good or bad, has absolutely no bearing on whether or not God accepts them. If you're born again, it doesn't matter if you've rebelled or just aren't everything you should be. God sees you as righteous and truly holy because He's looking at your spirit!

God is pleased with you! "Having predestinated us unto the adoption of children by Jesus Christ to himself, according to the good pleasure of his will, To the praise of the glory of his grace, wherein he hath made us accepted in the beloved" (Eph. 1:5-6).

"Accepted" means more than just mere toleration. He's literally pleased with you! You might not be pleased with the shape your mind or body is in, but God sees you in the spirit. When you were born again, you became a brand-new creature, and He's pleased with His workmanship!

"Accepted" in Ephesians 1:6 is the same Greek word translated "highly favored" in Luke 1:28. "And the angel [Gabriel] came in unto her [Mary], and said, Hail, thou that art highly favoured, the Lord is with thee: blessed art thou among women" (brackets mine). These are the only two places in Scripture that this particular Greek word is found. Therefore, as the woman who bore Christ was accepted, so you are highly favored of the Lord!

PRESERVED & PROTECTED

Once you believed, you were sealed with the Holy Spirit. "In whom ye also trusted, after that ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, ye were sealed with that holy Spirit of promise" (Eph. 1:13). Your born-again spirit was created in righteousness and true holiness (Eph. 4:24). As Jesus is, so became your spirit right here in this world (1 John 4:17). It became one with the Lord (1 Cor. 6:17). Then, all of this goodness was immediately sealed tight with the Holy Spirit.

Let no corrupt word proceed out of your mouth, but what is good for necessary [a]edification, that it may impart grace to the hearers. Ephesians 4:29

Love has been perfected among us in this: that we may have boldness in the day of judgment; because as He is, so are we in this world. 1 John 4:17

But he who is joined to the Lord is one spirit with Him. 1 Corinthians 6:17

When you were born again, your spirit was immediately encased—vacuum packed—by the Holy Spirit for the purpose of preservation. When you fail in any area of your life after being saved, the rottenness, uncleanness, and defilement that comes to your body and soul don't penetrate your spirit. This Holy Spirit seal keeps the good in and the bad out!

Your spirit was sealed. Sin, and its effects, cannot enter into your spirit. When you sin, your spirit does not participate. It retains its original holiness and purity— and will for eternity!

"Whosoever is born of God doth not commit sin; for his seed remaineth in him: and he cannot sin, because he is born of God" (1 John 3:9). This means you are as righteous and holy now, in your spirit, as you will ever be!

If you understand spirit, soul, and body, the interpretation of 1 John 3:9 is obvious. Your spirit is the only part of you that's been born of God. Your soul and body have been purchased, but not yet redeemed. Therefore, your

spirit cannot sin even though your body and soul can. This means your performance doesn't affect the purity and holiness of your spirit!

This truth is pivotal to your relationship with God! If you tie His acceptance to your performance, you'll always come up short. You might do better than certain other people, but your own conscience will condemn you. Eventually, it'll keep you from enjoying God's love and blessings because you know that you've tried and tried but still have faults after all these years. When you understand spirit, soul, and body, you know that it was your spirit that changed.

Created in righteousness and true holiness, it's been sealed by the Holy Spirit so no sin can penetrate it. The righteousness you were born again with stays uncontaminated. Since God is a Spirit, He always deals with you Spirit to spirit. No matter how you're performing, you can always approach Him in your born-again spirit! That's awesome!

CHAPTER 10 - FULLNESS RECEIVED

My spirit was created in righteousness and true holiness when I was born again (Eph. 4:24). Then, the Holy Spirit sealed this purity into my brand-new spirit (Eph. 1:13). Any sin I commit now in my physical actions cannot penetrate or contaminate my spirit because it's been sanctified and perfected forever (Heb. 10:10,14; 12:23). My born-again spirit cannot sin (1 John 3:9)!

And that you put on the new man which was created according to God, in true righteousness and holiness. Ephesians 4:24

In Him you also trusted, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit of promise Ephesians 1:13

By that will we have been [a]sanctified through the offering of the body of Jesus Christ once for all....For by one offering He has perfected forever those who are being sanctified. Hebrews 10:10 & 14

To the general assembly and church of the firstborn who are registered in heaven, to God the Judge of all, to the spirits of just men made perfect Hebrews 12:23

Whoever has been born of God does not sin, for His seed remains in him; and he cannot sin, because he has been born of God. 1 John 3:9

I have received eternal redemption (Heb. 9:12). This doesn't encourage me to live in sin but instead gives me stability in my life and relationship with God. I live holy because I want to, and if I don't, I know I'll give Satan and other people an opportunity against me (Rom. 6:16). Living holy is definitely more beneficial than living in sin!

Not with the blood of goats and calves, but with His own blood He entered the Most Holy Place once for all, having obtained eternal redemption. Hebrews 9:12

Do you not know that to whom you present yourselves slaves to obey, you are that one's slaves whom you obey, whether of sin leading to death, or of obedience leading to righteousness? Romans 6:16

God is pleased with me because of who I am in the spirit (John 4:24). When I do fall short, sin doesn't have dominion over me the way it used to because I know now that God has already forgiven me completely—past, present, and future sins (Rom. 6:14). My spirit isn't stained in any way. Since God is a Spirit, I must fellowship with Him through who I am in the spirit.

God is Spirit, and those who worship Him must worship in spirit and truth. John 4:24

For sin shall not have dominion over you, for you are not under law but under grace. Romans 6:14
To the praise of the glory of His grace, by which He [a]made us accepted in the Beloved. Ephesians 1:6

My relationship with the Lord is constant. He's always loving me. He's always pleased with me—the real me, the born-again me, my spirit (Eph. 1:6). That's the part of me that God loves and that I've come to love. I'm not enamored with my carnal self and actions. I don't like some of what I see, do, and think, but I've come to realize there's a new me. In my spirit, I am thrilled with what Jesus has done, and I place my full confidence in that. Since I walk by the spirit, and not the flesh, I experience God's peace, joy, and life on a daily basis.

My life is stable. I don't feel like I lose everything every time I sin or fall short. I don't think that I need to be born again, again and start the whole growth process over. This concept of "one step forward and two steps back" is totally gone. When I do fail, I just turn from it. I repent and get back on track with what God's told me to do, knowing that I'm still who I am in Christ and infinitely more in my spirit than I've ever yet been able to appropriate and manifest. That's why I **actively and aggressively continue renewing my mind to His Word.**

FRUIT UNTO HOLINESS

"If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness" (1 John 1:9).

First John 1:9 can also mean cleansing the effects of sin from a believer's soul and body. Your spirit isn't affected by sin, but your soul and body are. Sin gives the devil a legal right to work his death into your life because you yielded yourself to him (Rom. 6:16). How do you repent of it and get him out? You say, "God, I was wrong and You were right. I sinned and gave Satan this opportunity. I repent!" By confessing, you take the salvation, the forgiveness, the holiness, and the righteousness that's already a reality in your spirit and never fluctuated when you failed, and draw it out into your body and soul. This literally drives the devil out and takes his place away. The enemy no longer has rights and privileges in your life once you repent and turn from what you've done!

NEVER SEPARATED FROM HIS LOVE!

This has changed my life! It's given me a deep abiding security in my relationship with God because I know He loves me! In fact, He loves me infinitely more than I've ever yet perceived. After the warm feelings of my miraculous encounter with God subsided, (because of my actions) I thought, Well, He loved me at one time, but I'm not sure He still loves me now because I just don't feel worthy. Then I came to realize that my born-again spirit is righteous and holy. I recognized that God looks at me Spirit to spirit, and He loves the born-again part of me!

I'm His workmanship, "created in Christ Jesus unto good works" (Eph. 2:10). In my spirit, I'm perfect and pure. God loves me and I'm never separated from His love. This sheds new light on, "Who shall separate us from the love of Christ? shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?...For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord" (Rom. 8:35, 38-39). In my spirit, God has already given me His full measure of love. "And of his fulness have all we received, and grace for grace" (John 1:16). I'm full of God. One-third of me is wall-to-wall Holy Spirit.' And if you're born again, all these things are true of you too!

This knowledge will impact your life and make you feel so pure. You'll be so appreciative of what God has done that you'll live holier in your actions accidentally than you've ever lived on purpose!

CHAPTER 11 - GOD'S SUPERNATURAL FAITH

In your spirit, you have the complete measure of faith. You don't need more faith from God because you already have all you'll ever need. Your faith isn't small, immature, or in the process of growing; it's already as perfect and complete as the faith of Jesus. You just need to **renew your mind and learn to release it!**

The way you were born again is the way you receive everything in the Christian life—by grace through faith. "For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: Not of works, lest any man should boast" (Eph. 2:8-9). Salvation is everything God provided through Christ's atonement; it's not just when you first walk through God's door by receiving forgiveness of sins and a brand-new spirit. Salvation is everything in His house as well—healing, deliverance, prosperity, joy, peace, love, anything you receive from Him. All these salvation benefits come the same way you were born again—by grace through faith!

Colossians 2:6 agrees, declaring, "As ye have therefore received Christ Jesus the Lord, so walk ye in him." How did you receive Christ? By grace through faith. How then do you walk in Him and enjoy all the benefits of His salvation package? By grace through faith!

GOD'S WORD CONTAINS HIS FAITH – EVANGELISM NUGGET

You can't receive salvation without hearing the Word. "So then faith cometh by hearing, and hearing by the word of God" (Rom. 10:17). You might not hear it quoted chapter and verse, but the truths and concepts that are in God's Word must come across your path somehow. You need to know that Jesus died for your sins, and because of His love, He offers forgiveness independent of your actions. His only demand is that you believe.

Faith comes through hearing the Word. How? God's Word contains His faith. When you receive the Word into your heart, you're receiving God's supernatural faith. You must hear the Word because that's how you believe and receive.

CHAPTER 18 - MIND YOUR SPIRIT

Get into God's Word and start recognizing and meditating on who you are in Christ. As you focus your attention continually on the reality of your **new identity**, the brightness of who you are in the spirit will begin to shine in and through you to such a degree that it'll break the control of the flesh and deliver you from these external problems. Light always overwhelms and chases away the dark!

God wants you to come to Him just as you are! After you're born again and changed inside, **renew your mind to who you are in Christ**. As you find out who you are in your spirit, you'll change outwardly as a result. If you'll just start walking in the spirit by focusing your attention on the things of God, regardless of what your flesh is like, you'll break its dominion over you!

FOCUS: QUALITY & QUANTITY

You can know whether you're walking in the spirit or not by what your attention is on. "For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit" (Rom. 8:5). What you're thinking about will tell you whether you're in the flesh or in the spirit!

Where is your focus? If the doctor says you're going to die, are you more dominated by his word or God's Word? Are you imagining and anticipating sickness, disease, and death? Or are you focused on the scriptures that declare He's taken away all your sickness and by His stripes you were healed of every disease? Are you centered in on the spirit or the flesh?

If your mind is stayed on the things of the flesh, then you're in the flesh. You cannot please God, nor will you be able to succeed against this ailment. You'll die physically even though God's healing and raising from-the-dead power is already inside your born again spirit. Whatever your mind focuses on determines whether you're in the flesh or not. It's really that simple!

Fleshly mindedness is death. "Carnal" literally means "of the five senses." Carnal mindedness is being fleshly, physical, and outward minded instead of spiritually minded. It's being dominated by your five senses. If your body is facing sickness and you're more in tune with and sensitive to what you feel (flesh) than what you believe (Word), then you're carnal. To be carnally minded is death, but to be spiritually minded is life and peace.

WHOSE REPORT WILL YOU BELIEVE?

You need to get to where you believe God's report more than the worlds! You've crossed over into the spirit when God's Word dominates you more than what you can see, taste, hear, smell, and feel. Instead of letting the devil tell you what you can't do or somebody else saying that you'll die or your checkbook telling you you're in deep trouble again, you focus your attention on what God says about you, what He says you have, and what He says you can do. Once you do that, you'll find it'll break the dominion, the power, and the control of the flesh over you.

There was an incredible conflict between what I saw in my spirit through God's Word and what I felt in my physical body. My flesh and my spirit were fighting each other!

I'm still in process, but I'm renewing my mind and winning the battle between my flesh and my spirit.

OVERCOME YOUR FLESH

You overcome by being mindful of what God's Word says about you—especially the New Testament. When you're Word minded, you're spiritually minded because God's words are spirit and life (John 6:63). In your spirit, you're completely changed, eternal, sanctified, holy, and perfected forever. As Jesus is—so are you! If you'd dominate yourself with those thoughts, all it would produce is life and peace.

If you're having something other than life and peace, then you're something other than spiritually minded (Rom. 8:6). You may desire the right things, praying and begging God for them, but you don't receive victory by desiring or begging for it. You receive the victory He's already achieved and provided for you by focusing your attention on the spirit. When you do that, you'll overcome.

NUGGET

In my opinion, you won't manifest much of the life of God if you're plugged into the world through radio, television, newspapers, and magazines. It takes a lot of effort—real effort—to keep your focus on the things of God. How can you expect different results when you read, watch, listen to, and think all the same things as your unbelieving neighbors? That's ignorance gone to seed! Sure, you might be able to add a devotion and intellectually know that God wants you healed, prospered, and delivered from oppression. You may even have a desire for and a sensitivity to God that they don't have. But as far as results go, you won't really experience any more of God's miraculous power in your life as long as you continue thinking on the same carnal things that they do pretty much all day long. To get different results, you have to do something differently!

If you mind the things of the flesh, then you'll be after the flesh; the physical realm will dominate you. You won't be able to please God (Rom. 8:8) or experience the victory that's available to you. In order to release God's power and life, you must overcome the flesh by continually focusing your mind on who you are and what you have in the spirit.

CHAPTER 19 - TIME TO LEAVE!

When you make Jesus Christ Lord of your life by truly believing on Him, an instantaneous change takes place. This change occurs in your spirit, not your flesh—body or soul. Whether the change ever manifests itself in your physical realm depends on what you think.

The flesh, your natural self, pulls in one direction, and your spirit leads you in another. How you think determines what you experience. If your mind stays only on physical things—not even necessarily sinful things, just physical—then you'll be limited to and dominated by your flesh. You might even be a very moral person, but you won't experience the supernatural life of God.

The only way you'll experience the power of God within you is to walk in the spirit. Believing to raise someone from the dead goes beyond just living a good life. You must believe in something that has no proof or evidence in the physical realm whatsoever. You have to get beyond the physical and acknowledge that there is a spiritual world. As you recognize your true power and believe, the spiritual realm will become more real to you than the physical.

This applies to prosperity too! There will be times when there's no basis for faith in your physical facts. Your bank statement won't prove it. Everything in the natural may be coming against the Word, but if you stay in the spirit, fixed on what His Word says, you'll be able to see yourself prosperous when everyone else tries to repossess your house, car, etc. As you hold on to God's Word, your spirit will overcome your flesh and break its dominion. That's when you'll see the Word manifest!

PEACE

You can be spiritually minded! Whatever you continually think on will dominate you (Prov. 23:7). If it's who you are and what you have in Christ, then that's what will eventually manifest itself in your physical life.

One-third of your salvation is already complete! Your born-again spirit isn't in the process of growing or maturing. Right now in your spirit, you are exactly the way you'll be throughout eternity (1 John 4:17). You have a physical body and soul that haven't been changed yet. They are subject to change and can change, but it's not automatic. However, the change of your spirit at salvation was total, complete, and automatic.

NUGGET

Whether you ever see your true spiritual potential released into your physical life or not depends on what you think (Rom. 12:2). If natural things—either sinful or just plain carnal—dominate and control your thoughts, you'll shut off the flow of God's Spirit through you. But if you dominate yourself with the truths of His Word and get beyond the natural limitations of your five senses, you can start releasing the supernatural life that's inside you.

You'll be able to experience a peace that passes understanding. Even when it seems like everyone's against you and everything's crashing in the physical realm, you'll enjoy God's supernatural peace as long as you stay focused on the Word. "And the peace of God, which passes all understanding, shall keep your hearts and minds through Christ Jesus" (Phil. 4:7).

On the night before His crucifixion, Jesus told His disciples, "Let not your heart be troubled: ye believe in God, believe also in me" (John 14:1). To the natural mind, this sounds unreasonable in light of the situation. Their Messiah, the One they loved and worshiped, was about to be executed. There's no natural way they could have peace in the midst of something like that, but Jesus had given them His Word. He'd told them many times, "I'll be crucified, but I'll rise again on the third day." If they had meditated on and dominated themselves by what Jesus had said, they would have released the supernatural peace of God they needed for that trying situation. (Christ's last minute instructions to His disciples for overcoming crisis situations are thoroughly unpacked in my teaching entitled "Christian Survival Kit")

WHAT WILL YOU THINK?

If you want to experience God's best, you must understand these truths concerning spirit, soul, and body. You have unlimited potential, but it's all in the spirit. The victory God's given you isn't in your flesh, it's in the part of you that's been born again. As you mature in the Christian life, you don't become less carnal; you just let less carnality dominate and manifest because you're yielded to the spirit instead.

Through God's Word, concentrate on seeing who you are in Christ. Spend less time feeding the flesh and focus on the spirit instead. Surround yourself with people who speak faith, are positive, and center in on the potential we have in Christ instead of those who gripe and complain. You'll develop an entire mentality based on your new identity in Christ as you dominate yourself with what you see in the spiritual mirror of God's Word.

Nothing can separate you from God's love because your born-again spirit has been sanctified and perfected forever. God is a Spirit, and He sees you in the spirit (John 4:24). He fellowships with you Spirit to born-again spirit. God doesn't give you what you deserve based on your thoughts and physical actions in your flesh; (reap what you sow??) rather, He deals with you in the spirit realm. That's why He'll receive you at any time, in any condition—you're His beloved child!

You're constantly being fed information and drawn in one of two directions—the flesh or the spirit (Gal. 5:17). The Holy Spirit always endeavors to draw you toward God and remind you of your new identity in Christ. Satan, through the world, its images and voices—news media, movies, books, newspapers, magazines, associations, and even church organizations who are mistaken in some of their beliefs—constantly pushes you to accept defeat. What you continually think on is what you'll experience (Prov. 23:7).

Your flesh and spirit constantly fight each other in your mind. God proclaims, "You can do all things through Christ." The world answers, "No, you can't. You're just a failure!" On and on, the daily battle rages. That's why this life-changing truth isn't just something you learn one time and conclude, "I've got it!" This understanding of spirit, soul, and body should motivate you to **aggressively pursue renewing your mind to God's Word—a process that'll continue for the rest of your life!**

SOAK YOUR MIND (*Saturation!!!*)

Soak your mind in these truths that God has spoken. You might need to go back and reread this book in a week or in a couple of months. Perhaps you should consider ordering the audio series so you can listen to this teaching again and again. Whatever you do, meditate these truths until they come alive to you. Then, keep them refreshed by occasionally coming back to them. (!!!)

God spoke these truths to me over 35 years ago, but I'm still in the process of renewing my mind to them. Over time, He's been expanding, developing, and giving me even more understanding on this. I feel like the Apostle Paul, who after twenty or more years of knowing and serving God, said, "Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Christ Jesus" (Phil. 3:13-14).

Don't be discouraged! I'm not saying you have to wait a long time before you see any results. I just want you to know that until you see Him face to face, you never arrive, you just leave. And if the Lord has spoken to you through this teaching, you need to leave right now! Turn from carnal mindedness, and start being dominated by your born-again spirit instead. Discover the realities concerning who you are in the spirit and let them control you. When you do, you'll experience life and peace. It really is that simple!

But it's not easy! In fact, changing your focus from the flesh to the spirit is one of the hardest things you'll ever do. It's a gradual, but total, reprogramming of your natural mind to agree with your spirit. Through renewing your mind to God's Word, you can become spiritually minded!

What God has spoken to you through this book has the potential of radically changing your life, but applying these truths will take some real focus and effort on your part. However, the good news is that God wants you to fully understand and walk in them even more than you do! He'll faithfully do His part if you'll just head in that direction acknowledging that "God, it's going to take a miracle to renew my mind! It's so used to being dominated by the flesh. I'm really going to need Your help!" The Holy Spirit will reveal to you who you are in Christ. He'll show you Jesus, spiritual truth, and reality. It just takes commitment and effort on your part to focus on the Word and the spirit.

In light of what you've read, I encourage you to pray out loud the following prayer from your heart:

"Father, I open my heart to the Holy Spirit to continue revealing these truths to me. I recognize that this is a process and not just a one-time thing. Therefore, I ask You to give me greater revelation of spirit, soul, and body throughout the rest of my life. As I apply what You've shown me, please encourage me with some quick results. I want to establish new patterns of walking by the spirit so I can live a full and effective life in You."

Thank You for bringing these truths to my remembrance when I need them. Thank You for helping me to share them with others so they too can break free from their flesh's dominion. Thank You for setting me free and using me to set many others free too! I love You, Father! Amen.