Effortless Change

Andrew Womack - Book Notes

Introduction

If you receive these truths into your heart and apply them to your life, you'll be able to see change take place in your life **effortlessly**. All true change begins internally. It starts with what's on the inside of you.

When I changed on the inside, immediately everything in my life began to change on the outside. External change began to manifest on the outside when I started to change the way I thought on the inside.

If you want to see change outwardly, it has to begin on the inside. If you can change the way you think – the way you are on the inside – then you'll see a change on the outside **effortlessly**.

Chapter 1 – It Begins on the Inside

As a man thinketh it in his heart, so is he. (Proverbs 23:7)

If you can't – or should I say won't – change on the inside, then you aren't going to see change on the outside. You aren't going to see change in your life externally until you change internally. If nothing ever works and problems are all you seem to experience, then you should stop and consider that perhaps your inner man may need some work.

The Word makes it clear that your experience, your surroundings – <u>everything about you – is basically a result of</u> <u>the way you think</u>. As you think in your heart, that's the way it is. <u>When you think spiritually minded thoughts, you</u> <u>get life and peace</u>. When you don't, you get death.

"For to be carnally minded is death, but to be spiritually minded is life and peace." (Romans 8:6)

It's your responsibility to guard and protect your garden. Whatever is growing there is what you've planted or what you've allowed to be planted there.

Whatever is growing in the garden of your life is what you planted or allowed to be planted in your heart. Scripture reveals that as you think in your heart, that's the way you're going to be. (Proverbs 23:7) If you think spiritually minded, your thoughts will produce life and peace. (Romans 8:6)

2 Peter 1:2 further substantiates the principle that <u>your thought life produces a harvest in the natural realm</u> when it says, "Grace and peace be multiplied unto you <u>through the knowledge of God</u>, and of Jesus our Lord." These words in 2 Peter reveal that <u>peace comes through the knowledge of God</u>.

Peace in your life isn't the absence of problems or challenging circumstances around you. God's kind of peace is there even in the midst of a storm. It resides on the inside. Then, eventually, that peace on the inside of you will begin to change the circumstances on the outside.

"According as his divine power hath given unto us all things that pertain unto life and godliness, <u>through the</u> <u>knowledge of Him</u> that has called us to glory and virtue." (2 Peter 1:3)

This verse says that God's divine power has (past tense) already given unto us all things. Most people want God to just come with his power from the outside, in. This scripture says that all things that pertain unto life and godliness

<u>come through the knowledge of God</u>. This includes healing, prosperity, deliverance, joy, peace, success in business, good relationships, and anything else. Everything that pertains to life and godliness <u>comes through the knowledge</u> <u>of God</u>. This means that the born again Christian already has the peace of God in their spirit. As they <u>renew their</u> <u>mind</u> to who they are and what they have in Christ, they draw that peace out into their experience.

The dominant experience of your life is a reflection of the way you are thinking on the inside. (Proverbs 23:7) Instead of looking for a change to take place externally and everybody and everything else around you, the first thing you need to do is recognize that change begins on the inside of you. This occurs according to the <u>knowledge</u> that you have of God. (2 Peter 1:2–3)

You can turn any circumstance in your life around by getting Gods perspective and starting to <u>think his thoughts</u>. Some people call this by different names, but I believe this is what the Bible calls faith. Faith is simply <u>seeing things</u> <u>from God's perspective</u>.

If you want something to change on the outside, then you're going to have to start by changing something on the inside. You cannot keep the same internal thought processes and believe that your external circumstances will change. That by definition, is insane! It begins on the inside. If you want change in your life, then you're going to have to **do something differently in your spirit.**

If you aren't satisfied and fulfilled in your heart, then you are dying on the inside and change is necessary. If you don't wake up in the morning and feel like, "Praise God, another opportunity to do what the Lord has called me to do and make a difference in this world," then whether you realize it or not, change is needed.

Chapter 2 – Meditate the Word

When I studied the Word of God, the Lord imparted truth to me. I could tell that change was happening in my life. I heard the Lord tell me, "if you will <u>take my Word and meditate on it day and night</u>, then <u>My Word will teach you</u> <u>everything you need to know. My Word will change everything."</u>

From that time forward, I just poured myself into the Word of God. I immersed myself for long periods of time in God's Word.

God is no respecter of persons. If you put His Word first place in your life and meditate on it on a consistent basis, it will change you.

This book of the law shall not depart out of thy mouth. (Joshua 1:8) Instead of "this book of the law", we can say, the Bible, the Word of God.

The Word of God shall not depart out of thy mouth, but thou shall meditate therein day and night, that thou may observe to do according to all that is written therein, for then thou shall make thy way <u>prosperous</u>, and then thou shall have <u>good success</u>. (Joshua 1:8)

Let's start at the end of this verse and work back. Most people want to be prosperous and have good success. Yet, I find it amazing that the vast majority of people bypass the first part of this verse. They'll spend their prayer time asking God to "please prosper my business, please cause my marriage to succeed, please heal my body," but <u>they won't do what the Word says</u>.

Joshua 1:8 reveals that <u>the way you get prosperity and good success in every area of your life is to take the Word of</u> <u>God and meditate on it to the great degree that it saturates what you think about, what you talk about, and how</u>

you act. When God's Word literally begins to control your life, you will prosper and have good success physically, emotionally, relationally, financially – in every area.

King Jehoshaphat prayed, "God, we don't have any help, any power, against this great multitude that has come against us. Our only hope is in you. We're standing here. We're waiting on you. God, we need you to do something!" (2 Chronicles 20:12)

At the conclusion of King Jehoshaphat's prayer, a prophet stood up and prophesied, "You will not *need* to fight in this *battle*. Position yourselves, stand still and see the salvation of the LORD, who is with you, O Judah and Jerusalem!' Do not fear or be dismayed; tomorrow go out against them, for the LORD *is* with you. You will find that it has already been won."

Most people don't understand the true definition of meditation. Meditation is simply focusing your attention on something to the point that it never leaves your consciousness.

"Believe in the Lord your God, so shall you be established; believe his prophets, so shall you prosper." (2 Chronicles 20:20)

As you meditate on the Word, faith rises. Many people missed this increase in faith because they read the Word, but don't meditate on it, everyone reading this may not be able to spend large quantities of time in the Word but everyone can meditate on it day and night.

Regardless of what your circumstances or problems are, you're <u>never more than one Word from God away from</u> <u>absolute victory</u>. <u>The Lord knows exactly where you are and how to get you to where you're supposed to be</u>. All you need is just the slightest instruction, and the impartation of God's wisdom. All you need is a Word from God!

Chapter 3 – God Speaking

God isn't wringing his hands and wondering how he can pull a situation out for you. There is a simple solution for every situation. <u>Our biggest problem is our inability to hear Gods voice. The way we know what God is saying is</u> through His Word. If we would get into the Word of God and meditate on it, the Lord would speak to us. He could give us wisdom and direction.

In Proverbs, chapter 1, Solomon described why he wrote the book that would follow:

"To know wisdom and instruction, to perceive the words of understanding: to receive the instruction of wisdom, justice, and judgment, and equity; to give subtilty to the simple, to the young man knowledge and discretion." (Proverbs 1:2–4)

Solomon said the book of Proverbs was meant to give wisdom to the simple and understanding to those who don't have any. Then he spoke about the good this wisdom and understanding will bring you and the bad it will help you avoid. The truths contained in the book of Proverbs alone will instruct you concerning all kinds of things.

"A man's gift makes room for him and brings him before great men." (Proverbs 18:16) "Cast out the scorner, and contention shall go out, yes, strife and reproach shall cease." (Proverbs 22:10)

Through God's Word, you can learn how to deal with people. You can gain wisdom if you are a boss, an employee, or a salesperson.

If you are a parent and you're struggling with your children, there is a wealth of information in the Bible. I have yet to run across a problem in life for which the Word of God doesn't provide an answer. And <u>if you will take this Word</u>, <u>meditate on it</u>, and put this knowledge on the inside of you, then **the Holy Spirit will**, at the appropriate time, <u>quicken things to you and show you what to do.</u>

God speaks to me this way. This is what makes my life tick. What has changed my life is my love for the Word of God.

The words contained in the Bible perfectly represent the heart of God. When I read the Word, I'm not reading a book about God. This is the Lord writing to me! Even some of these things that were said thousands of years ago to other people, He speaks to me afresh today.

"Before I formed you in the womb, I knew you; Before you were born I sanctified you; I ordained you a prophet to the nations." (Jeremiah 1:5)

Many people take God's Word for granted. They don't respect and honor it for what it is – God speaking to us. That's why they don't get the benefit out of it that I do. Believe me, God's Word has everything in it that you need to succeed. If we would simply do what the Word says, and meditate on it day and night, we would prosper and have good success. (Joshua 1:8)

The average person doesn't believe the truth that God's Word contains everything necessary for success. That's why they don't meditate on the Word of God day and night, which is the reason they're not prospering and succeeding more than they are.

Many Christians don't honor the Word of God by looking at it as literally God speaking to them. When they read it, they do it more out of religious obligation and duty. They don't read the Word expecting God to speak to them.

When I open up the Word of God, I literally view it as God talking to me – and he does. These are living words. The Bible is alive, it's not dead. (Hebrews 4:12) There's a difference between this book and any other book. That's why I choose not to read very much else. I might read one or two other books in a year.

My supreme desire is for the Word. Everything I need is right there in the Word of God.

I'm just going to become so single minded, so focused on the Word of God, that I don't have to have all these supplemental things.

Meditate on God's Word and try to relate it to different circumstances and situations. If you would do that, you would prosper more accidentally than you ever have on purpose.

"My son, attend to my words, incline thine ear unto my sayings. Let them not depart from your eyes; keep them in the midst of your heart. For they, God's words, our life unto those that find them, and health to all their flesh." (Proverbs 4:20–22)

<u>Place a high priority in value on the Word of God. Start taking each one of these words as being a direct word from</u> <u>God to you.</u> **Attend to it. Incline your ear to it.** Then you'll start getting the results I'm describing.

God's Word is life. No matter how grave the situation you're in, God's Word is life and health to all your flesh!

Chapter 4 – Transformed Effortless Change Book Notes – Wommack If you're struggling with depression, you're not meditating on the Word of God day and night. Romans 8:6 reveals, "for to be carnally minded is death; but to be spiritually minded is life and peace."

If you have death in any form working in you – including depression, discouragement, anger, unforgiveness, bitterness, etc. – it's because you've planted death. I don't say this to condemn you, but rather to enlighten you and show you where the source of your problem lies.

I don't have to be with you when you plant your garden to see what you've sown. All I have to do is be there when the crop grows up to know what you've planted. If you have death in your life – if you're depressed, discouraged, angry, or bitter – you haven't been meditating on the Word of God. Spiritual mindedness only produces life and peace.

Jesus said, "the words that I speak unto you they are spirit, and they are life." (John 6:63)

Since God's Word is spirit, to be spiritually minded is to be Word of God minded. If you are Word of God minded, this will produce life and peace.

"You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You." (Isaiah 26:3)

Some might say, but I've done all of these things, and I still have terrible problems in my life. I would say that you may have read the Word of God or heard somebody else quote it, but you haven't attended to it. You haven't inclined your ear and kept his sayings in the midst of your heart. (Proverbs 4:20–22)

You've let your eyes depart and focus on other things. If you do what God's Word says, it will produce the results that the Word said it will produce. Proverbs 4:20 - 22 reveals that God's Word will be life to those who find its sayings, and health to all their flesh.

Do I run to somebody every time I have an illness begin to fight against me? No, I go to the Word of God. Just like if you have a pain, you take a pill. If I have a pain, I take a GOS–PILL. I take the Word of God.

Whenever I have any physical symptoms of illness hitting me, I'll stand against them, rebuke them, and speak my faith. Normally, that will take care of everything.

I don't get sick. I don't believe in being sick. But I've had the symptoms of sickness hit me and they last for an hour or two. If, after rebuking the symptoms, I don't see instantaneous results, then I take up the Word of God. I start going over Scriptures that I already know, like 1 Peter 2:24, which says that "by His stripes, I was healed."

It's not good enough just to quote those Scriptures from memory. I go back and look them up again because of this principle. God's Word is life to those that find them, and health to all their flesh. (Proverbs 4:22) The Word of God is health to your flesh!

"He sent his Word, and healed them, and delivered them from their destructions" (Psalm 107:20)

If I need healing in my body, I take the Word of God and meditate on it. I eat these words because they are life and health to my flesh. I may even quote these words, but I'll still go back to my Bible and study them. As I do, the Bible reveals that: "faith cometh by hearing, and hearing by the Word of God." (Romans 10:17)

Notice that verse didn't say, faith comes by having heard. No. It's in the present tense. We have to continually hear God's Word. When I meditate on those Scriptures, <u>I stir up the faith</u> that I already have on the inside of me. (Romans 12:3) As I start meditating on the Scriptures, health flows through me.

Even people who believe that God's Word is important, don't really live as though it is important. They don't meditate on the Word day and night. That's the reason they don't have good success and aren't prosperous.

God used the first two verses of Romans 12 to totally transform my life. It was the first passage of Scripture that ever came alive to me back in 1967. These verses impacted me so deeply that they literally changed the course of my life.

"I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but <u>be transformed by</u> <u>the renewing of your mind</u>, that you may prove what is that good and acceptable and perfect will of God." (Romans 12:1–2)

I've been <u>transformed by the renewing of my mind</u>. I had this supernatural experience, which got my attention, changed my desires, and started me moving in a different direction. However, <u>it is the renewing of my mind</u> <u>through the Word of God that has completely, thoroughly, and totally transformed me</u>. I attribute every bit of the power and victory that I've experienced to the Word of God becoming alive and speaking to me.

Be not conformed to this world. (Romans 12:2) The Greek Word translated "conformed" here literally means to pour into the mold. You aren't going to exit this life the same way that you came in. You came in a baby – innocent, naïve, without a firm direction or plan for your life. By the time you live 20, 40, 60, or more years, the pressures of this life are going to meld you. Every one of us will be melded. You will change shape, form, and direction. However, the good news is, you get to choose what mold you fit into.

The pressures of this life tend to try to force everybody into the worlds mold of pessimism. When you lose your dreams and goals, you harbor unforgiveness and become bitter.

You will have pressures come against you in this life that will meld you. However, you get to pick whether you will be like the other people who become negative, bitter, and unforgiving. You choose whether you'll murmur and complain, or if you let these things drive you to the Lord and make you stronger and more stable in your commitment to God. How do you make that choice?

"Do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God." (Romans 12:1–2)

Do you want to change from being weak, inferior, and bound by all kinds of problems into someone who releases and experiences the abundant life of God from within? The Word of God reveals that the way to do this is by the renewing of your mind. You must renew your mind to the Word of God.

All you can do is choose what you think on, the things of the Lord vs. the things of the world. If you are occupied with the things of this world, you'll never experience transformation. If you want your mind to be transformed, like a caterpillar into a butterfly, the way you do it is by putting your mind on God through His Word. If you desire to be poured into God's mold, you do it by the Word of God. <u>There is no other system that God has in place</u>.

I guarantee you that these emotional types of experiences only last for a very short period of time. You will never be able to sustain a relationship with God, and certainly not be able to be transformed if your experience remains on an emotional level.

You have to renew your mind. If you want to be transformed long-term and and see your life change, you must be transformed by the Word. You must renew your mind.

Some folks say, "that seems restrictive to me." To me, it's awesome. <u>I love this truth because it's so simple. All that is required for transformation is that you just meditate on the Word day and night</u>. (Joshua 1:8) Keep the Lord and his truths in your thoughts. Go over and over them, keeping your mind stayed on the Word of God – not "as the stomach turns" on television.

If you keep your mind stayed on the Lord by meditating on his Word, then **without effort** – **automatically** – your life will begin to change.

Chapter 5 – Converting the Soul

I poured myself into the Word of God. It's the revelation of God's word that has transformed my life and ministry, and the same can be true for you.

All 176 verses of Psalm 119 – the longest chapter in the bible- are about the importance of God's Word. Consider these excerpts from this marvelous chapter,

How can a young man cleanse his way? By taking heed according to Your Word. (Psalm 119:9) Your Word I have hidden in my heart, that I might not sin against You. (Psalm 119:11) Great peace have those who love Your law, and nothing causes them to stumble. (Psalm 119:165) The law of the Lord is perfect, converting the soul; the testimony of the Lord is sure, <u>making wise the simple</u>. (Psalm 19:7)

So many people carry around baggage – hurts and pains from years before – from all kinds of things like previous marriages, losses, disappointments, and broken relationships. They just never seem to recover. That's because they aren't taking the Word of God and properly using it in their life. Psalm 19:7 tells us that, "God's word is perfect. It will convert your soul." It will restore you to your original God-intended condition. Psalm 19:7 says, "the testimony of the Lord is sure, <u>making wise the simple</u>."

God's Word makes wise the ignorant – people who don't think properly and make mistakes.

God's Word promises to give wisdom to the simple. God's Word will make you wise even if you have been ignorant in the past. You don't have to submit to the lie that says, well, my mind just isn't as bright as somebody else's. The Word of God will <u>quicken your thinking and give you understanding</u>.

Do you know what God's Word says about those who are depressed and defeated? "The statues of the Lord are right, rejoicing the heart." (Psalm 19:8)

OVERCOME DISAPPOINTMENT

If you aren't full of joy, peace, and rejoicing, the problem isn't your circumstances. (1 Peter 1:8) If you have ashes, mourning, and a spirit of heaviness instead of the oil of joy and the garment of praise it's due to the fact that there is a vacuum on the inside seeking to be filled. (Isaiah 61:3) You don't know the truth of God's Word. The statues of the Lord are right, and they will rejoice your heart. If you are discouraged, take the Word of God. Start speaking the promises of God to yourself. You can get happy in a hurry.

Psalm 19:8 continues, saying: "the commandment of the Lord is pure, enlightening the eyes."

It is worth the effort of meditating on God's Word to be able to see clearly instead of having a negative perception that always makes every cup look half empty. What a benefit it is to be able to see the positive side and to see a way through everything. That's what the Word of God does.

"The fear of the Lord is clean, enduring forever; The judgments of the Lord are true and righteous altogether. More to be desired are they than gold, yea, than much fine gold; sweeter also than honey and the honeycomb." (Psalm 19:9 – 10)

God's Word is worth far more to me than gold, even much fine gold. To me, the Word of God is better than honey. <u>How would you treat God's word if you truly desired it more than money – even large amounts of it – and more</u> <u>than your favorite food?</u> You'd be able to say along with Job, "I have esteemed the words of his mouth more than my necessary food." (Job 23:12)

If you were to seek God through his Word like that, your life would be transformed.

"Moreover, by them is the servant warned, and in keeping of them there is great reward." (Psalm 19:11)

How much benefit would it be to your life if you could be warned before you get into a problem, pursue an ungodly relationship, take the wrong job, buy the wrong car, do something that damages your health, or take a wrong turn? How much would it be worth to you if you could see problems before they came so that you could take evasive action? That's exactly what the Word of God will do. In keeping God's Word there is great reward!

I encourage you to <u>take the Word of God and center your life around it</u>. Meditate on the Word day and night. As you do, the Word will cause change to come in your life effortlessly. It will be automatic. <u>As you renew your mind</u> to God's Word, you too will begin to prove – make manifest to your physical senses – God's good, acceptable, and <u>perfect will</u>.

If you aren't experiencing the abundance and victory that the Lord has promised, it's not God who has failed. Praying longer and petitioning harder won't change anything. <u>You must take the incorruptible seed of God's Word</u> and keep on planting it in the garden of your heart.

Chapter 6 – Subject to Doubt

You will become what you think. (Proverbs 23:7) The reason most people have the problems they do is because they aren't controlling their thinking. <u>Unless you do something specifically to keep your mind on the Lord, it will naturally go somewhere else</u>. There just aren't very many things outside of God's Word that reflect God – pointing

us toward and drawing us closer to Him. However, the Word of God is pure light. (Psalm 19:8) <u>When you study and</u> <u>meditate on God's Word, it changes the way you think. As our thinking changes, so does our life</u>. That's why <u>we</u> <u>must get to where we are dominated by the Word of God.</u>

If you would just take God's Word and use it for yourself, you wouldn't have to follow people around from meeting to meeting <u>begging others to pray for you</u>. Don't take what I'm saying out of context. I'm not against you having someone else pray for you. It takes time to get into the Word of God and start seeing the life that's in the Word released into your life. During that period of time, when you're sowing the seed and waiting for it to increase and grow to the point that it will <u>bring liberty in your life</u>, don't be so stubborn or proud that you won't go to someone for help and ask them to pray for you.

Don't be one of those <u>people who just refuses to take personal responsibility</u>. These people don't get into the Word of God for themselves and let it transform them, nor do they have any plans for doing so in the future. Their life is just occupied with work, pleasures, or other distractions. They have no intention of <u>making the Word of God a</u> <u>central part of their life</u>. Like many others, they try, instead, to allow someone like me or another pastor to do their seeking of the Lord for them. That's just not going to work.

If all you're doing is receiving your nourishment from God after it's already been digested by someone else, you aren't going to grow much. If you aren't going to take in the Word firsthand, then you aren't going to mature.

It doesn't matter who you are or how strong your faith has been, every one of us is capable of doubt. (example of John the Baptist)

When you are put in a negative situation over a long period of time, the tendency is to doubt. Negative circumstances tend to just beat faith out of you and cause doubt to come.

Proverbs 13:12 reveals that, "hope deferred makes the heart sick."

"The Spirit of the Lord is upon Me, Because He has anointed Me To preach the gospel to the poor; He has sent Me to heal the brokenhearted, To proclaim liberty to the captives And recovery of sight to the blind, To set at liberty those who are oppressed; To proclaim the acceptable year of the Lord." And He began to say to them, "Today this Scripture is fulfilled in your hearing." (Luke 4:18, 19, 21)

"The Spirit of the Lord God is upon Me, Because the Lord has anointed Me To preach good tidings to the poor; He has sent Me to heal the brokenhearted, To proclaim liberty to the captives, And the opening of the prison to those who are bound; To proclaim the acceptable year of the Lord, And the day of vengeance of our God; To comfort all who mourn" (Isaiah 61:1–2)

In your Christian life, you must maintain your seeking of the Lord. You can't just turn off the engine and coast.

Are you someone who only seeks God every once in a while? Do you just seek him when your back is against the wall so that you can receive deliverance and then go back to your carnal ways? We need to be on guard and watchful.

We need to recognize that unbelief is like gravity, it's always pulling. It never turns off. You can rise above unbelief by applying the power of God in your life, but you can't just turn your faith engine off and coast. The moment you start coasting, you're coming down. You may float and go further than someone else, but the moment you switch off that power of faith you're headed down.

If John the Baptist could doubt, you can doubt. You need to maintain your focus on the Lord, and resist – actively fight against doubt. "Therefore, submit to God. Resist the devil and he will flee from you." (James 4:7)

Chapter 8 – Don't Quit!

We want emotional things, like somebody putting their arm around us and crying with us. That might make you feel good temporarily and help you over a hump, but it's not going to help you long term.

I'm not saying that we shouldn't show compassion for people. However, in the long term, you need to know the truth. You need to take hold of the Word of God. Faith comes by hearing the Word of God. (Romans 10:17)

God's Word is the sword of the spirit. (Ephesians 6:17) That's the weapon you use to fight off depression, discouragement, and despair. Yet many people simply wallow in their tears, wanting God to come down to their level and help them by saying, it's really bad!

Some of us honestly think that our problems are so bad that even God is wringing his hands and wondering how he's going to take care of it. The truth is your problem is nothing compared to God. Yet so many times we want God to come down and cry with us, saying, "I know it so hard. I'm grieving with you." But that's not true. <u>The Lord has already conquered. He is already victorious.</u>

He does show compassion and love toward you if you are discouraged – I'm not discounting that – but God is so much bigger and has so much more to offer you than just compassion. Instead of settling for something emotional that will make you feel good today, but then tomorrow you'll be left needing another emotional fix, what you need to do is seek the truth of God's Word. Whether you feel like it or not, stand up and start saying, "I am an overcomer in Christ Jesus. I don't care what I feel like, what somebody else has said, or what has happened to me. I'm going to rise again. I am a victor and not a victim." Start taking God's Word and applying it to your situation.

Start speaking the Word, and building yourself up:

But thanks be to God, who gives us the victory through our Lord Jesus Christ. (1 Corinthians 15:57) This is the victory that overcomes the world, even our faith. (1 John 5:4)

As long as Peter looked at Jesus – the author and finisher of his faith – he walked on water. (Matthew 14:28 – 31) He did something that no other person, outside of the Lord, had ever done before. It was miraculous. But when Peter took his eyes off of Jesus and began to look at the wind and waves, he started to sink.

If I were to go by my emotions, there would be times when I would feel like running away. There would be times when I would feel like giving up and quitting. But I've learned to go by the Word and not by how I feel. This truth has changed me, and it's worked in my life for decades.

I'm sharing this to encourage you. Even though your emotions are pulling you one way, you know what the Word of God says. You can come to the place where <u>God's Word is more real to you than what you feel</u>. That's what the Bible calls faith. That's what the Word calls maturity.

For many Christians, all the devil has to do is give you the slightest little hint of emotion contrary to what the Word says, and you fold up like a two-dollar suitcase and fall apart. The Bible says that if the spirit lives inside you, you have love, joy, and peace.

"But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness." (Galatians 5:22) But all somebody has to do is just say the slightest little thing to criticize you and you fall apart. Whatever has distracted you, it's time to pull your thumb out of your mouth and grow up! We need to recognize that the Word of God is what is supposed to operate in our life.

Get to where <u>the Word of God becomes absolute authority in your life</u>, and you aren't going to back off of it regardless of what anybody has or hasn't done. When you get that kind of an attitude and the Word of God begins to dominate you, then you will overcome doubt. You will be walking in faith.

Some people think that faith is having an absence of any problems, doubts, or fears. It's not. It's just learning how to reject these things and not let them control you as you take a stand on the Word of God.

Chapter 9 – A More Sure Word

Believing the Word of God is actually the highest way to respond to the Lord.

I have learned to relate to the Lord through his Word, and I honestly believe that's God's best.

Satan can also appear in the spiritual realm. You can see and hear things from him that could lead you astray. But if you go to the Word of God to hear from God, you'll be safe. The devil can't discredit God's word. The Word of God is the acid test for everything supernatural. It's the number one way of hearing from God.

The Lord may not have answered your prayer in the way that you've been asking because he has something better for you.

The most authoritative thing that we could possibly share with you to validate the truth is the Word of God. The Word of God is greater than any other means for you to hear from God. Therefore, the Word of God is the strongest, most powerful way that we have to counter our fears and unbelief.

The problem is most people don't honor the written Word of God the way they would honor a prophecy or word of encouragement from a person, or some audible or visible sign. That's backwards, and it's precisely the reason we have so much doubt.

If you are more insistent, more desirous of a sign, an audible voice, a visible representation, something miraculous that will help you – that's just a temporary fix. Those things don't last very long. Circumstances change. Satan can come along and give you negative signs.

If you would go to the Word of God, making it your absolute authority and viewing it as God speaking to you, then the Word will overcome any doubt you have. God's Word will confirm everything you need to know. It's the highest and best way of hearing from God.

Chapter 11 – The Seed

"The sower sows the word. And these are the ones by the wayside where the word is sown. When they hear, Satan comes immediately and takes away the word that was sown in their hearts. These likewise are the ones sown on stony ground who, when they hear the word, immediately receive it with gladness; and they have no root in themselves, and so endure only for a time. Afterward, when tribulation or persecution arises for the Word's sake, immediately they stumble. Now these are the ones sown among thorns; they are the ones who hear the Word, and the cares of this world, the deceitfulness of riches, and the desires for other things entering in choke the Word, and it becomes unfruitful. But these are the ones sown on good ground, those who hear the Word, accept it, and bear fruit: some thirtyfold, some sixty, and some a hundred." (Mark 4:14-20)

The whole kingdom of God – the Christian life, your victory, your success as a believer – is as simple as taking the Word of God and sowing it in your heart. If you will just cooperate and let the Word of God germinate, you will change effortlessly.

People who never planted any seeds are disappointed and surprised that they don't have a garden. They wonder, why am I not healed? Why haven't I prospered? Why hasn't God answered this prayer? Why are my relationships falling apart? Why can't I hold down a job? Why is it nothing in my life ever seems to work? They've been praying and asking God for all of these things, but they haven't taken his Word and the promises therein and sewn these truths in their life.

Many of these people have come to me and said, "I prayed and asked God to heal me." I've asked them, "what Scriptures are you standing on for being healed? What promise or promises – seed from God's word – have you sown into your life to produce that healing?" They've answered, "I don't know what the Word says. I just know that it's God's will. I believe that God wants to heal me." But they don't have a Scripture to stand on. They don't have a promise. They haven't sown his Word into their heart!

The number one reason why people aren't receiving from God is because they literally haven't taken the truths of his Word and planted them in their heart. This is why people aren't experiencing the victory they are praying for and desiring and begging and pleading for God to give them. This is why the Lord used this kind of a parable of a sower and his seed. He wants us to understand how His kingdom works. The sower sows the Word of God. This seed he's talking about is not a physical seed. Rather, the Word of God is like a seed.

Proverbs 4:22 says, "God's words are life unto those that find them and health to all their flesh."

If you'll take God's Word like a seed, and begin to plant it in your heart, it will literally begin to release supernatural healing into your life.

Psalm 107:20 says, "God sent His Word and healed them and delivered them from their destructions." God's Word will bring healing and deliverance to you. So many people are missing this truth big time.

The kingdom of God works from this truth that the Word of God is a seed. Just like in the natural realm, you must plant seeds to produce a crop. You can't have a forest without planting any seeds. <u>You can't have victory in your</u> <u>life without the Word of God being planted in your heart.</u> It's simple, but it's true. This is how the kingdom of God works.

If you humble yourself and receive this truth, it will provide you with an answer to why you aren't seeing any more victory in your life then you are. It will explain why you aren't seeing more of the power of God at work. <u>The average person isn't meditating in the Word of God. They aren't spending time – both quality and quantity amounts of time – in God's Word. The average person doesn't have a good understanding of the Word of God. They aren't spending time, both quality and quantity amounts of time – in God's Word.</u>

The Word of God must be revelation to you. It has to be alive in you. It never will be if you haven't taken the promises like a seed, planted them in your heart, meditated on them, and seen the Word of God work.

You're wondering, why isn't God answering my prayer? He's given us the seeds but we haven't planted them! That's like someone praying over their ground and saying, "God, why haven't you let the garden grow?" They didn't plant the seeds!

God has established natural laws, and He's not going to break them. He's also established spiritual laws, and He won't break them either. God's Word tells us that the Lord has "sent his Word, and healed them, and delivered them from their destructions" (Psalm 107:20) All through the Word are promises revealing God as our HEALER and PROVIDER and attesting to how He wants to prosper us, but to see His healing and provision you must take God's Word and start planting it in your life.

The parable of the sower says that in the same way that there are laws that govern how a physical, natural seed has to be planted and germinate, there are laws that govern the spiritual realm. One of these laws is that the Word of God is a seed. If you want results in your life, you must plant the Word of God in your heart. If you desire certain kingdom fruit in your marriage, relationships, finances, health, emotions – whatever it is – take the seeds (promises Effortless Change Book Notes – Wommack 12

in God's Word that speak about those specific things) and plant them in your life. If you will give this seed the proper nourishment and take care of it the way this parable tells you to, then it's inevitable that you will reap the fruit you want.

There's nothing wrong with the natural laws. You just have to cooperate with them. There's nothing wrong with the spiritual laws, either. You just have to learn what they are and cooperate with them.

SUMMARY - If I want results in my life, I must go to the Word of God. I must take seeds – promises that talk about the fruit I want to produce – and start meditating on them. Over time, what I have desired comes to pass and I receive the harvest. That's one of the truths this parable of the sower teaches.

Chapter 12 – Understanding

The seed produces the fruit, not the ground. It's the Word that brings forth the results. This was one of the first truths that God ministered to me out of this parable of the sower sowing the seed.

The ground does have a part to play. It can either allow the seed to produce to its full potential, or it can hinder, choke, and stop the Word of God from working. However, it's not the ground itself that produces the fruit, it's the seed.

We are the ground. Our heart is where we either allow the Word of God to have its complete rule, or we can let the Word be choked by the cares of this life, the deceitfulness of riches, and the lust for other things. Our heart can become hardened towards God and not give His seed a place to germinate. Our heart can affect the growth, but it's the seed – the Word of God – that brings forth fruit. All I am is ground. (Genesis 2:7) I'm just dirt – a place for the seed to germinate. I provide warmth and nutrients, but it's the Word that produces the fruit.

I'm talking the Word, quoting Scripture, and teaching what the Word of God says. I've taken this approach because the Lord has given this revelation that it's not who I am, what I look like, or any other natural thing that will impact the world for Him. It's the Word of God that changes people's lives.

The Word of God has to be planted in your heart for you to effectively change. If you follow the instructions of this parable, you will find that change is as normal and natural as when a seed is planted in the ground and grows up. If you would take the Word of God and meditate on it day and night, it would change you. The Word would transform your life.

In the natural realm, it's possible to get seed, plant it, and not have it produce the desired results because the seed was bad. However, in the spiritual realm, God's Word is the seed, and its incorruptible.

The Word of God will work the same for anyone. This seed wasn't the variable in any of these four instances. It was the ground. Now that fact is very, very important.

God's Word is incorruptible. It always works. God's Word never fails. We may fail to understand and properly apply it. We may fail to take the corresponding actions it tells us to. But <u>God's Word never fails</u>.

When some people hear that the Word of God is a seed and that if they will just take the Word and plant it in their heart they will see the miraculous results, they think, this is the answer! All I have to do is take the Word of God and all my problems will be over. Not exactly. It's actually more accurate to say that once you take the Word, commit yourself to it, and start meditating on it and getting to know the Word of God for yourself, then all of your problems have just begun. You may not like what I'm saying, but it's true. 13 Effortless Change Book Notes – Wommack

Satan isn't really against you personally. He knows that on your own, you are nothing. You aren't going to be a threat to him or anybody else. It doesn't matter who you think you are or what you think you have, apart from the Lord and his Word, you are never going to truly change this world and have a powerful impact for God's kingdom. But if the Word of God ever starts taking root on the inside of you and growing up and producing, the devil has had it. Satan is petrified of the Word! He's going to come against the Word of God immediately and try to steal it out of your heart.

Once you make a commitment to stand on the Word of God – when you determined that the Word is going to be number one in your life – don't be deceived into thinking that all of your problems are over. They've only just begun. However, if you will continue to stand on the Word of God and not give in, you'll be victorious. You'll be a winner, but it won't be without a fight.

"Fight the good fight of faith, lay hold on eternal life, to which you were also called and have confessed the good confession in the presence of many witnesses." (1 Timothy 6:12)

"But recall the former days in which, after you were illuminated, you endured a great struggle with sufferings." (Hebrews 10:32)

"Therefore hear the parable of the sower: When anyone hears the word of the kingdom, and does not understand it, then the wicked one comes and snatches away what was sown in his heart. This is he who received seed by the wayside." (Matthew 13:18-19)

Understanding is what allows the seed to sink down inside you. Understanding allows the Word to penetrate your heart. It's the door that permits the Word to come into your life. If there isn't understanding, then the Word is never going to germinate. So the Word of God must be spoken in such a way that it's easy to understand.

Understanding is the doorway that allows the Word to get into your heart. If there isn't an understanding on your part, then the Word will be stolen from you immediately. Satan will come and take it away. The only people the devil can steal the Word from without any effort are the people who don't understand. You must understand the Word in order to receive it.

There are many people who have heard the Word of God, but they don't understand it. They hear Scriptures, but they don't have a clue what they mean. There is no spiritual understanding on the inside. Therefore, the Word doesn't release any of its life – any of its nourishment into their life.

Chapter 13 - Rooted and Established

If you get to where you want to know the truth of God's Word more than you crave food, more than you desire wealth, you'll get it.

It basically just boils down to where your focus is. If you are focused on the Lord, and you're hungry and seeking after him, you will be filled. "Blessed are those who hunger and thirst for righteousness, for they shall be filled." (Matthew 5:6) But if you're one of this first type of people depicted in this parable, the Word of God just doesn't mean anything to you. You can hear it and it's gone before you even think about it. You just can't seem to retain God's Word. It's not time for you to pray and ask God to speak louder. It's time for you to change your heart and start focusing on the things of the Lord.

The Lord clearly describes four different types of people's hearts, and how the Word of God interacts with their heart to bring forth fruit – or not. I believe he was also describing four different stages towards fruitfulness. Effortless Change Book Notes – Wommack

First, you go through a stage where you hear the Word of God but your heart isn't set on it. You aren't seeking after the things of God. The Word goes in one ear and out the other. That's the first type of person.

The second type of person gets excited about the Word, but they don't have root in themselves. The end result is they don't bear fruit either

The third type of person gets excited about the Word, and it takes root. The Word of God begins to germinate and start producing life in them, but then they get distracted by the things of this world. (Mark 4:19)

The fourth type of person is the one who <u>really nurtures and takes care of the Word of God</u>. They focus on it and aren't distracted by the things of this world. So they produce a bountiful harvest. (Mark 4:20)

There was a period of time when that Word wasn't rooted on the inside of me. I was living off of other people's revelation – their teaching about the Word – and not my own personal relationship. Even though I was excited, and great things were happening on the inside, there still wasn't that much fruit coming through my life.

There is a period of being rooted in the Word that's necessary for you to be able to produce fruit.

There really needs to be a period of time where you take those truths you've learned and, no matter how much they've excited you, let them take root on the inside of you.

In the spiritual realm, many people don't like the root stage. They don't like letting a truth from the Word of God take root on the inside of them and get established in their heart. They just want to skip all this and get right to the fruit as quickly as they can. Therefore, they don't have very much depth in their life. Their heart isn't totally committed to the truth they received.

If you want to be someone who really produces fruit and sees the Word of God work, it's not going to happen overnight. You can't microwave your miracle. It takes time. There is seed, time and harvest. Actually, sometimes it is seed, T - T - T - I - I - I - M - M - M - E - E - E and then harvest. It takes a period of time.

You have to let God's Word just stay rooted on the inside of you. You can't back off of it. You must keep digging and looking for greater revelation.

Failure to let the Word of God take root on the inside is probably the number one reason why people aren't seeing greater freedom manifest in their life. They just aren't giving it time.

Satan would love to get you to where you don't have any depth of root in your life. Then he can come against you and just steal the Word. He wants to pull it up before it ever gets rooted. However, if you grow a good root system, you'll be able to stand despite all the troubles, trials, and hardships that come in your life.

Chapter 14 - Persecution

The parable Jesus gave in Mark 4 about the sower sowing the seed is one of the most foundational teachings of the Bible. In Mark 4:13, the Lord said that "if you don't understand this parable, you cannot understand any of the others." This passage is the key that unlocks the revelation of important foundational truths that you will use every day for the rest of your Christian life. It's truly that important.

Jesus was using the illustration of a man sowing seed which fell on four different types of ground. The kingdom of God is likewise. <u>God's Word is the seed that must be planted in our life to bear good fruit</u>. **The Word of God is what brings change**.

God's Word is never the variable. It has the same potential in every single person's life. What makes the Word produce differently isn't the seed itself, but rather the type of soil on which the seed finds itself. This parable illustrates four different types of hearts. The Word of God has the same potential to produce in every person's life, but <u>the difference in fruitfulness is related to how we respond to the Word</u>. This parable reveals that there is really only one type of response that will allow the seed of God's Word to fully produce its fruit.

Story about Kenneth Copeland's meetings in Fort Worth, Texas.... That place could seat up to 3500 people. I remember Kenneth confessing and thanking God for that place to be full when he only had 200 of us sitting down in the front. I was so green in my faith and lacking understanding from the Word, that I didn't realize he was speaking forth his faith.

I was up and down, sometimes excited about the Word, and other times wondering, what's going on? It was because I didn't have root in myself. I was living off of another person's revelation. It was a good revelation, but it wasn't mine.

Chapter 15 - My Revelation

I was more concerned about all of this growth above ground, which is the way most people are. They want some visible results – something physical, something tangible. They desire to see lives being changed, people healed, and all kinds of other fruit. However, <u>before all of this growth can occur above ground, the vast majority of growth must take place underground in the root system. It's actually the root system that determines how big the plant or tree above ground will be.</u>

If you neglect the root system, you might have a plant or tree grow up for a brief period of time, but it'll never produce fruit. It won't live because it'll never be able to withstand varying conditions like heat and drought. The root system is what enables the tree to really produce and be able to withstand hardship.

Once I made this decision to attend to my root system, <u>I actually quit worrying about the visible results to a large</u> <u>degree. Instead, I focused on taking the Word of God and keeping it in my heart. I knew that if I kept God's Word</u> <u>dwelling on the inside of me</u>, instead of just allowing it to come in and out, that <u>it would literally begin to put down</u> <u>roots through every part of my being and the power of the Word would start permeating me</u>.

All the good in my life has come as the seed of God's Word has taken root in my heart and produced fruit. <u>Once</u> that seed has taken root, it just produces. What an awesome truth.

Chapter 16 – Choked!

Today we are being constantly bombarded not only by news and the problems of this world, but also by all kinds of entertainment. We have an abundance of television, movies, and video games. Also, it seems that on the job, people are working harder than ever before. Americans are some of the biggest workaholics on the face of the earth. Individuals who work 40 hours a week are the exception. Most workers put in more. People are just pouring themselves into all this information and activity, and it will choke the Word of God.

Now, don't get me wrong. I'm not saying that God wants us all to leave life and enter a monastery so we can just sit

there and study the Word 24 hours a day. That's not what I'm talking about. However, I am saying that <u>meditating</u> in the Word takes time. It takes quantity time, not just "quality" time, for the Word to take root on the inside of us. <u>Many of our lifestyles today are not considered conducive to the Word of God taking root in our life</u>.

<u>"Busyness" is not conducive to spirituality</u>. There needs to be a balance in life, but most people aren't walking in it. Most of us are far too occupied with things other than God and his Word. If you were to ask the average person how they're doing, the majority of their responses would center around how busy they are.

According to Mark 4, it's "busyness" like this that will stop the Word of God from working in your life and producing fruit. You need time sitting and soaking in the Word of God for it to be able to release its power in your life.

A lifestyle where you are going fast and frantic all the time will stop God's Word from working in your life.

Working your job and spending time with your family are good and right in their place, but it's not good when we cram so much into our life that we have very little or no time left for God and his Word. You may be occupying your life with decent things – things that aren't immoral in or of themselves – but if you have no time to sit and meditate on the things of the Lord, it will stop the Word of God from working in your life.

I have to keep the main thing, the main thing!

<u>If you are going to see effective change – the Word of God producing fruit in your life – you must start spending</u> some quantity time fellowshipping with God through the Word. You have to take these truths, plant them, and <u>keep them in your heart.</u>

You may be one of these people who love God, place an importance on his Word, and want to see the fruit, but are so occupied with all kinds of good things that the seed of God's Word is being choked out in your life. Many Christians are simply involved in too much. They're constantly taxing their kids here there, and yonder, and they're involved in everything the church has to offer. If you're not careful, it will choke the Word of God and keep you from being productive. These things aren't bad – just natural.

All this busyness is like weeds sprouting up all around the stock of corn you planted. The soil only has so much nourishment. Those weeds will suck much of the moisture and nutrients out of the ground, which will keep the seed that you want to grow from really producing and bearing fruit. This is what happens to us when we get so occupied doing other things. They don't have to be bad things, it's just that we're so occupied with them, and it saps our attention and energy. We don't really have any time to be able to focus on and fellowship with the Lord.

Chapter 17 – Less

God showed me that it was the seed – the Word – that produced the fruit. And the ground that produces the best fruit wasn't the ground that had more, it was the ground that had less, less stones, less thorns, and less weeds. The real productive soil wasn't soil that had more than everything else; it was a soil that had less.

This told me that <u>I didn't necessarily need all of these external talents that people normally put emphasis on</u> in order to be fruitful. It's really just a matter of the heart. If I would rid myself of the stones, thorns, and weeds, I could bear much fruit. <u>I just needed to eliminate the things that occupy my attention and devote myself completely</u> to God. If I put the Word of God first place in my heart, then the Word will produce an abundant harvest in my life.

This really encouraged me. I prayed, God, if what really makes your Word become fruitful is being less, then I can certainly be less. I may not be able to be more, but I can definitely be less. I can get rid of these things that hinder me.

You may not feel like you're the sharpest knife in the drawer. You may be acutely aware that you have all kinds of liabilities that other people don't have. Yet, you can commit yourself to the Word of God and meditate on it until God's Word takes deep root in your heart. You can refuse to allow anything else to divert your attention or sap the strength of your heart that could be going toward the Lord. <u>If you devote yourself completely to the Lord and his</u> <u>Word, God's Word will make you a success. It will cause fruit to come</u> in whatever area he has called and anointed you to minister.

When you put a seed in the ground, you don't know what's happening. But if you will leave that seed in the ground, keeping it watered and weeded, God has made it so that over time, it'll germinate and take root. The crop will come up and the fruit will mature. Time is actually a benefit. Instead of looking at time negatively you need to see it as a friend.

Every second you spend meditating in the Word of God and planting those seeds in your heart, you're starting in motion a process that cannot be stopped. Seeds are powerful.

God has put seeds in his Word. We need to take the seeds, plant them in our heart, and just leave them there. If we keep the Word of God fresh and alive on the inside of us, it'll continue benefiting us 20, 30, even 50 years from now, should the Lord tarry.

This is how the kingdom of God works. Once you understand this principle, you can take the Word of God, sow it in your life, and keep it there. Instead of being discouraged that it takes time to grow, you can be encouraged. Once you get this system going, and you've invested this time, the Word of God will just supernaturally change you. You'll be changed effortlessly by the Word of God. It'll just spring forth and grow up in your life. You'll be transformed.

The time you take getting God's Word rooted and grounded in you isn't wasted time. You will reap its rewards for the rest of your life.

Chapter 18 – The Growth Process

In the same way you plant a seed in the ground and don't really know what's happening to make it grow, so it is with the Word. "So is the kingdom of God, as if a man should cast seed into the ground; And should sleep, and rise night and day, and the seed should spring and grow up, he knows not how." (Mark 4:26)

Despite all our knowledge, mankind has not been able to figure out why a seed does what it does. It does what it does just because God created it that way. However, even though we don't understand all of the specifics, that doesn't keep us from taking seeds and planting them in the ground.

This is a tremendous comfort to me. I don't have to understand everything about how the Word works. I don't have to understand why just shutting myself in with the Lord, studying his Word, and listening to Him speak to me does what it does. The fact that I can't totally explain it doesn't keep me from cooperating and reaping the benefits of it.

Just start sowing the Word into your heart. Begin meditating on it day and night. The Word of God will germinate, take root, spring forth and grow up of itself.

God put life in those seeds. Man cannot figure it out, but God spoke life into physical seeds. He's also spoken life into the spiritual seed of his Word.

Proverbs 4:20–22 says, "My son, attend to my words, incline thine ear unto my sayings. Let them not depart from your eyes; keep them in the midst of your heart. For they, God's words, our life unto those that find them, and health to all their flesh."

<u>God's Word contains His life in it. If you would take His Words, His sayings, and put them on the inside of you, then</u> <u>God's kind of life would start flowing through you. You would find that healing, prosperity, joy, peace – everything</u> <u>Jesus provided – are contained in God's Word.</u>

The Bible isn't like any other book. It's different. It's alive.

"For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart." (Hebrews 4:12)

God's Word is alive. It's different than reading any other book – even books about the Bible. The Word of God is different. There is life in it. If you take it, the Word will give you life where there's been death. It gives light where there was darkness. It's that simple.

We need to believe the power and authority that's in God's Word. If you understand what I'm saying, then you will realize that the most important thing you could ever do is just take God's Word and begin planting it in your life.

The Word has to be in your heart for it to begin to release that life. You can't just read it with your eyes and take a little truth into your brain. You have to put it deep down on the inside of you. You must meditate on the Word until it literally takes root on the inside of you. That's when it will just start supernaturally producing.

Jesus is saying that the kingdom of God is like a man that takes a seed and puts it in the ground. He sleeps and rises night and day. This implies time. You have to exercise patience.

You can't just take a promise, plant it, and expect to receive and reap a harvest right away. You can't just hear 1 Peter 2:24 for the first time, then confess "by his stripes I am healed. I claim it in the name of Jesus," and then if you aren't healed in the next 10 minutes, go dig that seed up by saying, "well, nothing's happening." And then the next day, you go back and do it again. That's not abiding in the Word, and letting the Word abide in you. (John 15:5)

You must come to a place where the Word is just part of you. It's not something you study for a little bit and then go out and live your whole day contrary to it. I'm not against specific devotion and prayer times, but you need to keep focused on the Lord and his Word all day long. It does you no good to spend 10 or 20 minutes in "devotion time," being sweet and kind and listening to God, but then once it's over you go back to being a pyranna the rest of the day – being just as mean, angry, and vicious in your relationships and business dealings as anyone else in the world. You may have planted the Word in your devotion time, but you dug that Word up. It's not working on the inside of you. It's not staying in your heart, and because of that, you aren't going to see it produce. It takes more than that.

You can't just consider God's Word during your devotion time and expect that to all of a sudden change the way you act that day. You must abide in the Word and allow the Word to abide in you, for it to release its power and impact your life.

Yet many people are trying church, trying prayer lines, and trying everything else except taking God's Word and meditating on it, and they are wondering why they aren't getting the results they desire. This truth is so simple to understand, you have to have somebody help you misunderstand it. <u>You take the Word of God, put it in your heart, leave it there, meditate on it, and it just produces!</u>

On the basis of this parable, you don't go from seed to full harvest without any intermediate steps.

You must realize that seed, time, and harvest are all parts of the process. Reaching the harvest takes time. Time is your friend, not your enemy.

Chapter 19 – Life and Power

Religion has caused a lot of confusion in this area by teaching that God is "sovereign," meaning that He controls everything. They say, God is the one who caused or allowed your sickness, poverty, divorce, or whatever. That's not true. God didn't cause the storm in Mark 4. The Lord doesn't control everything.

We are going to the Lord as a beggar instead of as a son who has already received his inheritance. Instead of claiming what is rightfully ours, we are begging for what He could do but hasn't done. We think it's God's

responsibility, it's His turn to fix this problem, when the truth is that God has done his part. He gave us the seeds of his Word, which will grow the solution to our problem. He's given words that have life to them. All you have to do is take that Word, stand on it, and begin to release the life that is in that seed – the Word of God.

The body of Christ is going to God crying, asking for help, and wondering why he isn't releasing his power. They're saying, "God, what's wrong with you?" So they organize another hundred thousand people to intercede in order to force God, to twist his arm a little more, and to put additional pressure on him until they make him send revival, heal this person, or whatever. That's an offense to the Lord.

Do you want to see the power of God? Do you want to see change manifest in your life? God has spoken his Word. He has released his life and power by His words. Every word that comes from God is a faith filled word and has the power in it to change everything.

God is going to speak words out of His mouth, and those words will have much life in them. The Word of God will be the greatest display of power in the history of the universe, and he's given it to us. The Lord will destroy his enemies and set everything straight by His Word. We have that same Word right now.

What you need to do is take the Word of God, plant that seed in your heart, and let it grow. Then the supernatural life and miraculous power of God will come right up out of the midst of you.

KEY SCRIPTURES

"So is the kingdom of God, as if a man should cast seed into the ground; And should sleep, and rise night and day, and the seed should spring and grow up, <u>he knows not how</u>." (Mark 4:26)

"As a man thinketh it in his heart, so is he." (Proverbs 23:7) "For to be carnally minded is death, but to be spiritually minded is life and peace." (Romans 8:6)

"I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but <u>be transformed by</u>

the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God." (Romans 12:1–2)

"My son, attend to my words, incline thine ear unto my sayings. Let them not depart from your eyes; keep them in the midst of your heart. For they, God's words, are life unto those that find them, and health to all their flesh." (Proverbs 4:20–22)

"For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart." (Hebrews 4:12)

"Grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord, as His divine power has given to us all things that pertain to life and godliness, <u>through the knowledge of Him</u> who called us by glory and virtue (2 Peter 1:2-3)

The Word of God shall not depart out of thy mouth, but thou shall meditate therein day and night, that thou may observe to do according to all that is written therein, for then thou shall make thy way prosperous, and then thou shall have good success. (Joshua 1:8)

"Faith cometh by hearing, and hearing by the Word of God." (Romans 10:17)

"I have esteemed the words of his mouth more than my necessary food." (Job 23:12)