PRAYERS AND DECLARATIONS

Neil Anderson

INTRODUCTION

Affirming the truth of Christ's victory and Satan's defeat is the primary step toward successfully standing against the enemies attempts to control you.

I can't speak enthusiastically enough about **helping people understand who they really are in Christ**. As God's adopted child, you have been given a **new identity** and a new name. You are no longer a spiritual orphan, you are a son or daughter of God. As a child in God's family, you have become a partaker of his "divine nature" (2 Peter 1:4).

You must "be transformed by the renewing of your mind" (Romans 12:2). How do you renew your mind? By filling it with God's word. To win the battle for your mind you must "let the peace of Christ rule in your hearts" (Colossians 3:15) and "let the word of Christ richly dwell within you" (verse 16). As you continue to **stockpile your mind with God's truth**, you will equip yourself to recognize the lie and take it captive.

It is vitally important that you **fill your mind with the knowledge of God and his word**. You need to see life from God's perspective and respond accordingly to keep the devil from gaining a foothold in your life.

For 2000 years, Christians have known the importance of **verbally and publicly declaring truth**. One of the greatest ways to help yourself achieve freedom and grow into maturity in Christ is to **continually remind yourself of who you are in Him**.

When Christians seek help, it is usually because life has dealt them a hard blow. They usually think something is wrong with them, and their perception of God is distorted. What a privilege to share with them the truth of **who they are in Christ** and help them repair their faulty belief system!

I keep several copies of the "Who I Am In Christ?," "Statements of Truth" and "Since I am in Christ" lists handy in my office. When we lovingly share with people who they are in Christ, we are applying the truth of God's word to the ailing root system of faulty beliefs. Too often counseling starts by finding out what is wrong with the client. We have the privilege to tell them what is right about them in Christ which gives them the assurance of victory.

INSTRUCTIONS

Read aloud the "Daily Prayer" and "Who I Am In Christ" as well as the "Statements of Truth" scripture affirmations. Carefully consider what you are professing. You may want to proclaim one script in the morning, one mid-day and the other in the evening. Read these statements out loud every day for at least six weeks, which will increasingly allow your mind to be renewed by the truth. This daily discipline and time commitment is a small price to pay in order to renew your mind and realize your freedom in Christ (Gal. 5:1)

OUR DEFENSE AGAINST DIRECT ATTACKS BY THE EVIL ONE IS TO SPEAK ALOUD GOD'S TRUTH

DAILY PRAYER

Dear heavenly Father,

I praise you and honor you as my Lord and Savior. You are in control of all things. I thank you that you are always with me and will never leave me nor forsake me. You are the only all-powerful and all wise God. You are

kind and loving in all your ways. I love you and thank you that I am united with Jesus and spiritually alive in him.

I choose not to love the world or the things in the world and crucified the flesh and all its passions. Thank you for the life I now have in Christ. I ask you to fill me with the Holy Spirit so I can be guided by you and not carry out the desires of the flesh. I declare my total dependence upon you, and I take my stand against Satan and all his lying ways. I choose to believe the truths in your word despite what my feelings may say.

I refuse to be discouraged. You are the God of all hope. Nothing is too difficult for you. I am confident that you will supply all my needs as I seek to live according to your word. I thank you that I can be content and live a responsible life through Christ, who strengthens me.

I now take my stand against Satan and command him and all his evil spirits to depart from me. I choose to put on the full armor of God so I may be able to stand firm against all the devil's schemes. I submit my body as a living and holy sacrifice to you, and I choose to renew my mind by your living word. By so doing I will be able to prove that your will is good, acceptable, and perfect for me. In the name of my Lord and Savior Jesus Christ I pray. Amen!

WHO I AM IN CHRIST

I AM ACCEPTED

I AM GOD'S CHILD. (JOHN 1:12)

I AM CHRIST'S FRIEND. (JOHN 15:15)

I HAVE BEEN JUSTIFIED. (ROMANS 5:1)

I IN UNITED WITH THE LORD, AND I AM ONE SPIRIT WITH HIM. (11RINTHIANS 6:17)

I HAVE BEEN BOUGHT WITH A PRICE. I BELONG TO GOD. (1 CORINTHIANS 6:20)

I AM A MEMBER OF CHRIST'S BODY. (1 CORINTHIANS 12:27)

I AM A SAINT. (EPHESIANS 1:1)

I HAVE BEEN ADOPTED AS GOD'S CHILD. (EPHESIANS 1:5)

I HAVE DIRECT ACCESS TO GOD THROUGH THE HOLY SPIRIT. (EPHESIANS 2:18)

I HAVE BEEN REDEEMED AND FORGIVING OF ALL MY SINS. (COLOSSIANS 1:14)

I AM COMPLETE IN CHRIST. (COLOSSIANS 2:10)

I AM SECURE

I AM FREE FROM CONDEMNATION. (ROMANS 8:1-2)

I AM ASSURED ALL THINGS WORK TOGETHER FOR GOOD. (ROMANS 8:28)

I AM FREE FROM ANY CONDEMNING CHARGES AGAINST ME. (ROMANS 8:31 – 34)

I CANNOT BE SEPARATED FROM THE LOVE OF GOD. ROMANS 8:35 – 39)

I HAVE BEEN ESTABLISHED, ANOINTED AND SEALED BY GOD. (TWO CORINTHIANS 1:21 – 22)

I AM CONFIDENT THAT THE GOOD WORK GOD HAS BEGUN IN ME WILL BE PERFECTED. (PHILIPPIANS 1:6)

I AM A CITIZEN OF HEAVEN. (PHILIPPIANS 3:20)

I AM HIDDEN WITH CHRIST IN GOD. (COLOSSIANS 3:3)

I HAVE NOT BEEN GIVEN A SPIRIT OF FEAR, BUT OF POWER, LOVE AND A SOUND MIND. (2 TIMOTHY 1:7)

I CAN FIND GRACE AND MERCY AND TIME OF NEED. (HEBREWS 4:16)

I AM BORN OF GOD AND THE EVIL ONE CANNOT TOUCH ME. (1 JOHN 5:18)

I AM SIGNIFICANT

I AM THE SALT AND LIGHT OF THE EARTH. (MATTHEW 5:13 – 14)

I AM A BRANCH OF THE TRUE VINE, A CHANNEL OF HIS LIFE. (JOHN 15:1, FIVE)

I HAVE BEEN CHOSEN AND APPOINTED TO BEAR FRUIT. (JOHN 15:16)

I AM A PERSONAL WITNESS OF CHRIST. (ACTS 1:8)

I AM GOD'S TEMPLE. (1 CORINTHIANS 3:16)

I AM A MINISTER OF RECONCILIATION FOR GOD. (2 CORINTHIANS 5:17 – 21)

I AM GOD'S COWORKER (SEE ONE CORINTHIANS 3:9) (2 CORINTHIANS 6:1)

I AM SEATED WITH CHRIST IN THE HEAVENLY REALM. (EPHESIANS 2:6)

I AM GOD'S WORKMANSHIP. (EPHESIANS 2:10)

I MAY APPROACH GOD WITH FREEDOM AND CONFIDENCE. (EPHESIANS 3:12)

I CAN DO ALL THINGS THROUGH CHRIST WHO STRENGTHENS ME. (PHILIPPIANS 4:13)

STATEMENTS OF TRUTH

- I recognize that there is only one true and living God who exists as the Father, Son, and Holy Spirit. He is worthy of all honor, praise, and glory as the one who made all things and holds all things together. (Exodus 20:2 3; Colossians 1:16 17)
- I recognize that Jesus Christ is the Messiah, the Word who became flesh and dwelt among us. I believe that He came to destroy the works of the devil, and that He disarmed the rulers and authorities and made a public display of them, having triumphed over them. (John 1:1, 14; Colossians 2:15; 1 John 3:8)
- I believe that God demonstrated his own love for me and that while I was still a sinner, Christ died for me. I believe that He has delivered me from the domain of darkness and transferred me to His kingdom. And in Him I have redemption, the forgiveness of sins. (Romans 5:8; Colossians 1:13 14)
- I believe that I am now a child of God and that I am seated with Christ in the heavenly realms. I believe that I was saved by the grace of God through faith, and that it was a gift and not a result of any works on my part. (Ephesians 2:6, 8, 9; 1 John 3:1 3)
- I choose to be strong in the Lord and in the strength of His might. I put no confidence in the flesh, for the weapons of warfare are not of the flesh but are divinely powerful for the destruction of strongholds. I put on the full armor of God. I am resolved to stand firm in my faith and resist the evil one. (2 Corinthians 10:4; Ephesians 6:10 20; Philippians 3:3)
- I believe that apart from Christ I can do nothing, so I declare my complete dependence on Him. I choose to abide in Christ in order to bear much fruit and glorify my Father. I announce to Satan that Jesus is my Lord. I reject any and all counterfeit gifts or works of Satan in my life. (John 15:5, 8; 1 Corinthians 12:3)
- I believe that the truth will set me free and that Jesus is the truth. If He sets me free, I will be free indeed. I recognize that walking in the light is the only path of true fellowship with God and man. Therefore, I stand against all of Satan's deceptions by taking every thought captive in obedience to Christ. I declare that the Bible is the only authoritative standard for truth and life. (John 8:32, 36; 14:6; 2 Corinthians 10:5; 2 Timothy 3:15 17; 1 John 1:3 7.
- I choose to present my body to God as a living and holy sacrifice and the members of my body as instruments of righteousness. I choose to renew my mind by the living word of God in order that I may prove that the will of God is good, acceptable, and perfect. I put off the old self with its evil practices

and put on the new self. I declare myself to be a new creation in Christ. (Romans 6:13; 12:1-2; 2 Corinthians 5:17; Colossians 3:9-10)

- **By faith** I choose to be filled with the Spirit so that I can be guided into all truth. I choose to walk by the Spirit so that I will not carry out the desires of the flesh. (John 16:13; Galatians 5:16; Ephesians 5:18)
- I renounce all selfish goals and choose the ultimate goal of love. I choose to obey the two greatest commandments: to love the Lord my God with all my heart, soul, mind, and strength, and to love my neighbor as myself. (Matthew 22:37 39; 1 Timothy 1:5)
- I believe that the Lord Jesus has all authority in heaven and on earth, and He is the head over all rule and authority. I am complete in Him. I believe that Satan and his demons are subject to me in Christ because I am a member of Christ's body. Therefore, I obey the command to submit to God and resist the devil, and I command Satan, in the name of Jesus Christ, to leave my presence. (Matthew 28:18; Ephesians 1:19 23; Colossians 2:10; James 4:7)

SINCE I AM IN CHRIST

SINCE I AM IN CHRIST, BY THE GRACE OF GOD...

I HAVE BEEN JUSTIFIED - COMPLETELY FORGIVEN AND MADE RIGHTEOUS (ROMANS 5:1)

I DIED WITH CHRIST AND DIED TO THE POWER OF SINS RULE OVER MY LIFE. (ROMANS 6:1 – 6).

I AM FREE FOREVER FROM CONDEMNATION. (ROMANS 8:1).

I HAVE BEEN PLACED INTO CHRIST BY GOD'S DOING. (1 CORINTHIANS 1:30).

I HAVE RECEIVED THE SPIRIT OF GOD INTO MY LIFE THAT I MIGHT KNOW THE THINGS FREELY GIVEN TO ME BY GOD. (1 CORINTHIANS 2:12).

I HAVE BEEN GIVEN THE MIND OF CHRIST. (1 CORINTHIANS 2:16).

I HAVE BEEN BOUGHT WITH A PRICE; I AM NOT MY OWN; I BELONG TO GOD. (1 CORINTHIANS 6:19, 20).

I HAVE BEEN ESTABLISHED, ANOINTED AND SEALED BY GOD IN CHRIST, AND I HAVE BEEN GIVEN THE HOLY SPIRIT AS A PLEDGE GUARANTEEING OUR INHERITANCE TO COME (2 CORINTHIANS 1:21, 22; EPHESIANS 1:13, 14).

SINCE I HAVE DIED, I NO LONGER LIVE FOR MYSELF, BUT FOR CHRIST. (2 CORINTHIANS 5:14, 15).

I HAVE BEEN MADE RIGHTEOUS. (2 CORINTHIANS 5:21).

I HAVE BEEN CRUCIFIED WITH CHRIST AND IT IS NO LONGER I WHO LIVE, BUT CHRIST LIVES IN ME. THE LIFE I AM NOW LIVING IS CHRIST'S LIFE. (GALATIANS 2:20).

I HAVE BEEN BLESSED WITH EVERY SPIRITUAL BLESSING. (EPHESIANS 1:3). I WAS CHOSEN IN CHRIST BEFORE THE FOUNDATION OF THE WORLD TO BE HOLY AND HIM WITHOUT BLAME BEFORE HIM. (EPHESIANS 1:4). I WAS PREDESTINED – DETERMINED BY GOD – TO BE ADOPTED AS GOD'S SON. (EPHESIANS 1:5).

I HAVE BEEN REDEEMED AND FORGIVE AND, AND I AM A RECIPIENT OF HIS LAVISH GRACE. (EPHESIANS 1:7-8).

I HAVE BEEN MADE ALIVE TOGETHER WITH CHRIST. (EPHESIANS 2:5). I HAVE BEEN RAISED UP AND SEATED WITH CHRIST IN HEAVEN. (EPHESIANS 2:6).

I HAVE DIRECT ACCESS TO GOD THROUGH THE SPIRIT. (EPHESIANS 2:18).

I MAY APPROACH GOD WITH BOLDNESS, FREEDOM AND CONFIDENCE. (EPHESIANS 3:12).

I HAVE BEEN RESCUED FROM THE DOMAIN OF SATAN'S RULE AND TRANSFERRED TO THE KINGDOM OF CHRIST. (COLOSSIANS 1:13).

I HAVE BEEN REDEEMED AND FORGIVING OF ALL MY SINS. THE DEBT AGAINST ME HAS BEEN CANCELED. (COLOSSIANS 1:14; 2:14).

CHRIST HIMSELF IS IN ME. (COLOSSIANS 1:27).

I AM FIRMLY ROOTED IN CHRIST AND AM NOW BEING BUILT IN HIM. (COLOSSIANS 2:7).

I HAVE BEEN MADE COMPLETE IN CHRIST (COLOSSIANS 2:10).

I HAVE BEEN SPIRITUALLY CIRCUMCISED. (COLOSSIANS 2:11).

I HAVE BEEN BURIED, RAISED AND MADE ALIVE WITH CHRIST. (COLOSSIANS 2:12, 13).

I DIED WITH CHRIST AND I HAVE BEEN RAISED UP WITH CHRIST. MY LIFE IS NOW HIDDEN WITH CHRIST IN GOD. CHRIST IS NOW MY LIFE. (COLOSSIANS 3:1 – 4).

I HAVE BEEN GIVEN A SPIRIT OF POWER, LOVE AND SELF-DISCIPLINE. (2 TIMOTHY 1:7).

I HAVE BEEN SAVED AND SET APART ACCORDING TO GOD'S DOING. (2 TIMOTHY 1:9; TITUS 3:5).

BECAUSE I AM SANCTIFIED AND IN ONE WITH THE SANCTIFIER, HE IS NOT ASHAMED TO CALL ME BROTHER. (HEBREWS 2:11).

I HAVE THE RIGHT TO COME BOLDLY BEFORE THE THRONE OF GOD TO FIND MERCY AND GRACE IN TIME OF NEED. (HEBREWS 4:16).

I HAVE BEEN GIVEN EXCEEDINGLY GREAT AND PRECIOUS PROMISES BY GOD BY WHICH I AM A PARTAKER OF GOD'S DIVINE NATURE. (TWO PETER 1:4).

MY IDENTITY

Understanding your identity in Christ is absolutely essential for your success at living a victorious Christian life!

SATAN'S LIE	GOD'S TRUTH
You are a sinner because you sin	You are a saint (one declared righteous by God) who sins
Your identity comes from what you have done	Your identity comes from what God has done for you
Your identity comes from what people say about you	Your identity comes from what God says about you
Your behavior tells you what to believe about yourself	Your belief about yourself determines your behavior

OTHER PRAYERS, DECLARATIONS & AFFIRMATIONS

20 CANS OF SUCCESS

Someone has said that success comes in "cans" and failure in "cannots." Believing you can live a victorious Christian life takes no more effort than believing you cannot. So why not believe that you can walk by faith in the power of the Holy Spirit, that you can resist the temptations of the world, the flesh and the devil; and that you can grow as a Christian? It is your choice. The following "20 Cans of Success," taken from God's word, will expand your knowledge of our faith object - Almighty God. Building your faith by internalizing these truths will lift you from the miry clay of the "cannots" to sit with Christ in the heavenly's.

- 1. WHY SHOULD I SAY I CAN'T WHEN THE BIBLE SAYS I CAN DO ALL THINGS THROUGH CHRIST WHO GIVES ME STRENGTH? (PHILIPPIANS 4:13)
- 2. WHY SHOULD I WORRY ABOUT MY NEEDS WHEN I KNOW THAT GOD WILL TAKE CARE OF ALL MY NEEDS ACCORDING TO HIS RICHES IN GLORY AND CHRIST JESUS? (PHILIPPIANS 4:19)
- 3. WHY SHOULD I FEAR WHEN THE BIBLE SAYS GOD HAS NOT GIVEN ME A SPIRIT OF FEAR, BUT OF POWER, LOVE, AND A SOUND MIND? (2 TIMOTHY 1:7)

- 4. WHY SHOULD I LACK FAITH TO ALLOW CHRIST TO LIVE HIS LIFE THROUGH ME, WHEN GOD HAS GIVEN ME A MEASURE OF FAITH? (ROMANS 12:3)
- 5. WHY SHOULD I BE WEAK WHEN THE BIBLE SAYS THAT THE LORD IS THE STRENGTH OF MY LIFE AND THAT I WILL DISPLAY STRENGTH AND TAKE ACTION BECAUSE I KNOW GOD? (PSALM 27:1; DANIEL 11:32)
- 6. WHY SHOULD I ALLOW SATAN CONTROL OVER MY LIFE WHEN HE THAT IS IN ME IS GREATER THAN HE THAT IS IN THE WORLD? (1 JOHN 4:4)
- 7. WHY SHOULD I ACCEPT DEFEAT WHEN THE BIBLE SAYS THAT GOD ALWAYS LEADE ME IN VICTORY? (2 CORINTHIANS 2:14)
- 8. WHY SHOULD I LACK WISDOM WHEN I KNOW THAT CHRIST BECAME WISDOM TO ME FROM GOD AND GOD GIVES WISDOM TO ME GENEROUSLY WHEN I ASK HIM FOR IT? (1 CORINTHIANS 1:30; JAMES 1:5)
- 9. WHY SHOULD I BE DEPRESSED WHEN I CAN RECALL TO MIND GOD'S LOVING KINDNESS, COMPASSION, FAITHFULNESS AND HAVE HOPE? (LAMENTATIONS 3:21 23)
- 10. WHY SHOULD I WORRY AND BE UPSET WHEN I CAN CAST ALL MY ANXIETY ON CHRIST WHO CARES FOR ME? (1 PETER 5:7)
- 11. WHY SHOULD I EVER BE IN BONDAGE KNOWING THAT THERE IS LIBERTY AND FREEDOM WHERE THE SPIRIT OF THE LORD IS? (2 CORINTHIANS 3:17; GALATIANS 5:1)
- 12. WHY SHOULD I FEEL CONDEMNED WHEN THE BIBLE SAYS THERE IS NO CONDEMNATION FOR THOSE WHO ARE IN CHRIST JESUS? (ROMANS 8:1)
- 13. WHY SHOULD I FEEL ALONE WHEN JESUS SAID HE IS WITH ME ALWAYS AND HE WILL NEVER LEAVE ME NOR FORSAKE ME? (MATTHEW 28:20; HEBREWS 13:5)
- 14. WHY SHOULD I FEEL LIKE I'M CURSED OR THE VICTIM OF MISFORTUNE WHEN THE BIBLE SAYS THAT CHRIST RESCUED ME FROM THE CURSE OF THE LAW THAT I MIGHT RECEIVE HIS SPIRIT BY FAITH? (GALATIANS 3:13, 14)
- 15. WHY SHOULD I BE UNHAPPY WHEN I, LIKE PAUL, CAN LEARN TO BE CONTENT WHATEVER THE CIRCUMSTANCES? (PHILIPPIANS 4:11)
- 16. WHY SHOULD I FEEL WORTHLESS WHEN CHRIST BECAME SIN FOR ME SO THAT I MIGHT BECOME THE RIGHTEOUSNESS OF GOD IN HIM? (2 CORINTHIANS 5:21)
- 17. WHY SHOULD I FEEL HELPLESS IN THE PRESENCE OF OTHERS, WHEN I KNOW THAT IF GOD IS FOR ME, WHO CAN BE AGAINST ME? (ROMANS 8:31)
- 18. WHY SHOULD I BE CONFUSED WHEN GOD IS THE AUTHOR OF PEACE AND HE GIVES ME KNOWLEDGE THROUGH HIS SPIRIT WHO LIVES IN ME? (1 CORINTHIANS 2:12; 14:33)
- 19. WHY SHOULD I FEEL LIKE A FAILURE WHEN I AM MORE THAN A CONQUEROR THROUGH CHRIST WHO LOVES ME? (ROMANS 8:37)

20. WHY SHOULD I LET THE PRESSURES OF LIFE BOTHER ME WHEN I CAN TAKE COURAGE KNOWING THAT JESUS HAS OVERCOME THE WORLD AND ITS PROBLEMS? (JOHN 16:33)

BEDTIME PRAYER

Thank you, Lord, that you have brought me into your family and have blessed me with every spiritual blessing in the heavenly places in Christ Jesus. Thank you for this time of renewal and refreshment through sleep. I accept it as one of your blessings for your children, and I trust you to guard my mind and my body during my sleep. As I have thought about you and your truth during the day, I choose to let those good thoughts continue in my mind while I am asleep. I commit myself to you for your protection against every attempt of Satan and his demons to attack me as I sleep. Guard my mind from nightmares. I renounce all fear and cast every anxiety upon you. I commit myself to you as my rock, my fortress, and my strong tower. May your peace be upon this place of rest. In the strong name of the Lord Jesus Christ I pray. Amen.

PRAYER BEFORE COUNSELING

Lord, I come before your presence with thanksgiving. I declare my dependence upon you because I believe that apart from Christ, I can accomplish nothing. Please fill me with your Holy Spirit, and guide me into all truth. My prayer is that I can be a vessel for you to work through to be a blessing to each individual You place in my path. Please give me wisdom, guide me in my words and help me to communicate clearly to each person you place in my path. Please help me to be kind, gentle and patient. Thank you for this opportunity to minister to others and to ultimately help You to fulfill the great commission. In Jesus name I pray. Amen.

SPIRITUAL WARFARE PRAYER

Lord, we declare our dependence upon you, for apart from Christ we can do nothing. Now, in the name and authority of the Lord Jesus Christ, we command Satan and all his forces to release (name) and to remain bound so that (he/she) will be free to obey his/her heavenly Father.

PRAYING FOR BELIEVERS

Another purpose for authoritative prayer is binding the "strongman" mentioned in Matthew 12:29. Jesus said, "how can anyone enter the strong man's house and carry off his property, unless he first binds the strong man?" He was saying that you cannot rescue people from the bonds of spiritual blindness or demonic influence unless you first overpower their captors. Satan is disarmed, but he will not let go of anything he thinks he can keep until we exercise the authority delegated to us by the Lord Jesus Christ. By faith we lay hold of the property in Satan's clutches that rightfully belongs to God, and we hold on until Satan turns loose. Fred Dickinson, who taught systematic theology at Moody Bible Institute for years, gives several helpful suggestions for how to pray for someone who is being harassed by demons.

HOW TO PRAY FOR SOMEONE WHO IS BEING HARASSED BY DEMONS:

- Pray that the demons may be cut off from all communication and help from other demons and Satan.
- Pray that the demons would be confused and weakened in their hold on the person.
- Pray that the person would be strengthened in his faith to understand his position in Christ and to trust and obey God's word.
- Pray that the person may be able to distinguish between his thoughts and feelings and those of Satan.
- Pray that the person might recognize the demonic presence and not be confused, but willingly seek godly counsel and help.
- Pray that God would protect and guide his child and send angelic forces to break up every scheme of the enemy.

PRAYER OF SUBMISSION

Dear heavenly Father,

You are present in this room and in my life. You alone are all-knowing, all-powerful, and everywhere present, and I worship you alone. I declare my dependency upon you, for apart from you I can do nothing. I choose to believe your word, which teaches that all authority in heaven and on earth belongs to the resurrected Christ and being alive in Christ, I have the authority to resist the devil as I submit to you. I ask that you fill me with your Holy Spirit and guide me into all truth. I ask for your complete protection and guidance as I seek to know you and do your will. In the wonderful name of Jesus, I pray. Amen.

DECLARATION

In the name and authority of the Lord Jesus Christ, I command Satan and all evil spirits to release their hold on me in order that I can be free to know and choose to do the will of God. As a child of God who is seated with Christ in the heavenly places, I declare that every enemy of the Lord Jesus Christ that is in my presence be bound. God has not given me a spirit of fear, therefore, I reject any and all condemning, accusing, blasphemous, and deceiving spirits of fear. Satan and his demons cannot inflict any pain or in any way prevent God's will from being done in my life today because I belong to the Lord Jesus Christ.

PRAYER FOR TRUTH

Dear heavenly Father,

You are the truth, and I desire to live by faith according to your truth. The truth will set me free, but in many ways, I have been deceived by the father of lies, the philosophies of this fallen world, and even by myself. I choose to walk in the light, knowing that you love and accept me just as I am. As I consider areas of possible deception, I invite the spirit of truth to guide me into all truth. Please protect me from all deception as you "search me, O God, and know my heart, try me and know my anxious thoughts, and see if there be any hurtful way in me, and lead me in the everlasting way." In the name of Jesus, I pray. Amen. (Psalm 139:23 – 24)

SINS OF THE FLESH

Dear heavenly Father,

You have told me to put on the Lord Jesus Christ and make no provision for the flesh in regard to its lusts and desires. I confess that I have given into fleshly lusts which wage war against my soul. I thank you that in Christ my sins are already forgiven, but I have broken your holy law and have allowed sin to wage war in my body. I come to you now to confess and renounce the sins of the flesh so that I might be cleansed and set free from the bondage of sin. Please reveal to my mind all the sins of the flesh I have committed and the ways I have grieved the Holy Spirit. In Jesus holy name I pray. Amen.

SEXUAL SIN

Dear heavenly Father,

I have allowed sin to reign in my mortal body. I ask you to bring to my mind every sexual abuse of my body as an instrument of unrighteousness so that I can renounce these sexual sins and break these sinful bondages. In Jesus name I pray. Amen.

RENOUNCING SEXUAL SIN

Dear heavenly Father, I renounce (*name the sexual experience*) with (*name*). I ask you to break that sinful bond with (*name*) spiritually, physically, and emotionally. In Jesus name I pray. Amen.

PORNOGRAPHY

Dear heavenly Father,

I confess that I have looked at sexually suggestive and pornographic material for the purpose of stimulating myself sexually. I have attempted to satisfy my lustful desires and polluted my body, soul, and spirit. Thank you for cleansing me and for your forgiveness. I renounce any satanic bonds I have allowed in my life through the unrighteous use of my body and mind. Lord, I commit myself to destroying any objects in my possession that I have used for sexual stimulation, and to turn away from all media that are associated with my sexual sin. I

commit myself to the renewing of my mind and to thinking your thoughts. Fill me with your Holy Spirit that I may not carry out the desires of the flesh. In Jesus name I pray. Amen.

COMMIT YOUR BODY TO GOD

Dear heavenly Father,

I renounce all the uses of my body as an instrument of unrighteousness, and I admit to any willful participation. I choose to present my physical body to you as an instrument of righteousness, a living and holy sacrifice acceptable to you. I choose to reserve the sexual use of my body for marriage only. I reject the devil's lie that my body is not clean or that it is dirty or in any way unacceptable to you as a result of my past sexual experiences. Lord, thank you that you have cleansed and forgiven me and that you love and accept me just the way I am. Therefore, I choose to accept myself and my body as clean in your eyes. In Jesus name I pray. Amen

GENDER IDENTITY

Dear heavenly Father,

I choose to believe that you have created all humanity to be either male or female (Genesis 1:27) and commanded us to maintain a distinction between the two genders (Deuteronomy 22:5; Romans 1:24 – 29). I confess that I have been influenced by the social pressures of this fallen world and the lies of Satan to question my biological gender identity and that of others. I renounce all the accusations and lies of Satan that would seek to convince me that I am somebody other than who you created me to be. I choose to believe and accept my biological gender identity and pray that you would heal my damaged emotions and enable me to be transformed by the renewing of my mind. I take up the full armor of God (Ephesians 6:13–17) and the shield of faith to extinguish all the temptations and accusations of the evil one. I renounce any identities and labels that derive from my old nature, and I choose to believe that I am a new creation in Christ. In the wonderful name of Jesus, I pray. Amen.

ABORTION

Dear heavenly Father, I confess that I was not a proper guardian and keeper of the life you entrusted to me and I confess that I have sinned. Thank you that because of your forgiveness, I can forgive myself. I commit the child to you for all eternity, and believe that he or she is in your caring hands. In Jesus name I pray. Amen.

SUICIDAL TENDENCIESDear heavenly Father, I renounce all suicidal thoughts and any attempts I've made to take my own life or in any way injure myself. I renounce the lie that life is hopeless and that I can find peace and freedom by taking my own life. Satan is a thief and comes to steal, kill, and destroy. I choose to remain alive in Christ, who said he came to give me life and give it more abundantly. Thank you for your forgiveness that allows me to forgive myself. I choose to believe that there is always hope in Christ and that my heavenly father loves me. In Jesus name I pray. Amen.

EATING DISORDERS OR SELF MUTILATION

Dear heavenly Father, I renounce the lie that my value as a person is dependent upon my appearance or performance. I renounce cutting or abusing myself, by vomiting, using laxatives or starving myself as a means of being in control, altering my appearance, or trying to cleanse myself of evil. I proclaim that only the blood of the Lord Jesus Christ cleanses me from sin. I realize that I have been bought with a price and that my body, which is the temple of the Holy Spirit, belongs to God. Therefore, I choose to glorify God in my body. I renounce the lie that I am evil or that any part of my body is evil. Thank you that you accept me just the way I am in Christ. In Jesus name I pray. Amen.

SUBSTANCE ABUSE

Dear heavenly Father, I can confess that I have misused substances (alcohol, tobacco, food, prescription or street drugs) for the purpose of pleasure, to escape reality, or to cope with difficult problems. I confess that I have abused my body and programmed my mind in harmful ways. I have quenched the Holy Spirit as well. Thank you for your forgiveness. I will renounce any satanic connection or influence in my life through my

misuse of food or chemicals. I cast my anxieties onto Christ who loves me. I commit myself to yielding no longer to substance abuse, but instead I choose to follow the Holy Spirit to direct and empower me. In Jesus name I pray. Amen.

GAMBLING

Dear heavenly Father, I confess that I have been a poor steward of the financial resources that have been in my possession. I have gambled away my future chasing a false god. I have not been content with food and clothing, and the love of money has driven me to behave irrationally and sinfully. I renounce making provision for my flesh with regard to this lust. I commit myself to staying away from all gambling casinos, gambling websites, bookmakers, and lottery sales. I choose to believe that I am alive in Christ and dead to sin. Fill me with your Holy Spirit so that I don't carry out the desires of the flesh. Show me the way of escape when I am tempted to return to my addictive behaviors. I stand against all of Satan's accusations, temptations, and deceptions by putting on the armor of God and standing firm in my faith. I choose to believe that you will need all my needs according to your riches in glory. In Jesus name I pray. Amen.

PRAYER OF COMMITMENT (P 249)

Dear heavenly Father, I come to you as your child, bought out of slavery to sin by the blood of the Lord Jesus Christ. You are the Lord of the universe and the Lord of my life. I submit my body to you as a living and holy sacrifice. May you be glorified through my life and body. I now ask you to fill me with your Holy Spirit. I commit myself to the renewing of my mind in order that I may prove that your will is good, acceptable, and perfect for me. I desire nothing more than to be like you. I pray, believe, and do all this in the wonderful name of Jesus, my Lord and Savior. Amen.

SPIRITUAL GROWTH

So that you may continue to grow in the grace of God, we suggest the following:

- 1. Get rid of or destroy any cult or occult objects in your home.
- 2. Be part of a church where God's truth is taught with kindness and grace, and get involved in a small group where you can be honest and real.
- 3. Read and meditate on the truth of God's word each day.
- 4. Don't let your mind be passive, especially concerning what you watch and listen to parentheses Internet, music, TV, etc. Parentheses. Actively take every thought captive to the obedience of Christ.
- 5. Be a good steward of your health and develop a godly lifestyle of rest, exercise, and proper diet.
- 6. Save the following daily prayer for the next 40 days, and the other prayers as needed.

SPIRITUAL CLEANSING OF HOME

Dear heavenly Father, I acknowledge that you are the Lord of heaven and earth. In your sovereign power and love, you have entrusted many things to me. Thank you for this place where I live. I claim my home as a place of spiritual safety for me and my family, and I asked for your protection from all of the attacks of the enemy. As a child of God, raised up and seated with Christ in the heavenly places, I command every evil spirit claiming ground in this place – based on the activities of past or present documents, including me and my family – to leave and never return. I renounce all demonic assignments directed against this place. I ask you, heavenly father, to post your holy angels around this place to guard it from any and all attempts of the enemy to enter and disturb your purposes for me and my family. I thank you, Father, for doing this in the name of the Lord Jesus Christ. Amen.

SALVATION PRAYER

Dear heavenly Father, thank you for sending Jesus to die on the cross for my sins.

I acknowledge that I have sinned and that I cannot save myself.

I believe that Jesus came to give me life, and by faith I now choose to receive you as my Lord and Savior.

May the power of your indwelling presence enable me to be the person you created me to be.

I pray that you would grant me repentance leading to a knowledge of the truth so that I can experience my freedom in Christ and be transformed by the renewing of my mind. In Jesus precious name I pray.

Amen

MARRIAGE PRAYERS & DECLARATIONS

PRAYER OF COMMITMENT

Dear heavenly Father, we love you and we thank You for Your grace, truth, love, power, forgiveness and blessings in Christ. We can love each other because You first loved us. We can forgive because we have been forgiven, and we can accept one another just as You have accepted us. We desire nothing more than to know and do Your will. We ask for Your divine guidance and protection during this time of seeking freedom in our marriage. We give ourselves emotionally to You and each other and ask You to free us so that we can share from our hearts.

We buckle on the belt of Your truth, putting on the breastplate of Your righteousness and commit ourselves to the gospel of peace. We hold up the shield of faith and stand against the flaming arrows of the enemy. We commit ourselves to take every thought captive in obedience to You. We put on the helmet of salvation, which assures us of Your forgiveness, Your life and our freedom in You. We put off the old self and put on the new self that is being renewed in Your image. We take the sword of the Spirit, the spoken Word of God, to defend ourselves against the father of lies. We acknowledge our dependence on You and understand that apart from You we can do nothing.

We pray that You will grant us genuine repentance and living faith. We desire our marriage to become a beautiful picture of Your relationship with us. We ask You to fill us with Your Holy Spirit, lead us into all truth and set us free in Christ.

In Jesus precious name, we pray. Amen.

MARRIAGE COMMITMENT

Dear heavenly Father, I choose to believe that you created us male and female, and that marriage is a spiritual bond between one man and one woman who became one in Christ. I believe that bond can be broken only by death, adultery, or desertion by an unbelieving spouse. I choose to stay committed to my vows and to remain faithful to my spouse until physical death separates us. Give me the grace to be the spouse you created me to be, and enable me to love and respect my partner in marriage. I will seek to change only myself and accept my spouse as you have accepted me. Teach me how to speak the truth in love, to be merciful as you have been merciful to me, and to forgive as you have forgiven me. In Jesus name I pray. Amen.

In what ways could you be holding on to some unhealthy ties that are keeping you from committing yourself fully to the Lord and to each other? Those ties might be physical, emotional, spiritual or financial. Ask the Lord to reveal to your mind the ways you have not left father and mother and failed to cleave only to one another:

Dear heavenly Father, we humbly submit ourselves to You and ask for Your divine guidance. We ask that You reveal to our minds any way that we have allowed our physical heritage to be more important than our spiritual heritage. Show us anything in our lives that has taken on a greater sense of importance to us than our relationship to You. We also ask You to show us in what ways we have not honorably left our mothers and our fathers physically, spiritually, mentally, emotionally or financially. We desire to be spiritually bonded to You in order that we can be fully bonded to each other.

In Jesus name, we pray. Amen.

....If your past ties to your family have affected your relationship with each other in a negative way, ask each other for forgiveness. If you have been unduly critical of your in-laws, ask your spouse to forgive you. Conclude this step with the following prayer together:

Dear heavenly Father, we thank you for revealing these important issues to us. We rededicate our lives to You and to each other. Our desire is to become one flesh and one spirit in Christ. May Your Holy Spirit bond us together in love for You and for each other. Show us how we can rightly relate to our earthly parents and other relatives. We confess any way that we have dishonored our parents and ask you to show us how we can honor them according to Your will. Thank You for Your forgiveness.

In Jesus precious name, we pray. Amen.

..... Ask the Lord to mentally reveal the iniquities and family sins your ancestors have passed on to you spiritually and environmentally. Pray together the following prayer:

Dear heavenly Father,

You are the only perfect parent that we have. We thank you for our natural parents who brought us into this world. We acknowledge they were not perfect, nor were our families and communities in which we grew up. We ask that You reveal to our minds the dysfunctional patterns and family sins of our ancestors that have been going on for generations. Reveal to us the strongholds in our minds that have kept us from fully honoring You and embracing the truth. Give us the grace to face the truth and not to be defensive. Only You can meet our deepest needs of acceptance, security, significance and sense of belonging. We thank You that You have made us new creations in Christ. We desire to be free from our past so that we can be all You want us to be. In Jesus name, we pray. Amen.

Both spouses should pray the following prayer individually and out loud in each other's presence for every family sin of their ancestors:

Dear heavenly Father,

I confess (name every sin) as sinful and displeasing to you. I turn from it, reject it and ask you to break its hold on me and on our marriage. In Jesus name. Amen.

CONFESSING OUR PERSONAL AND INDIVIDUAL SINS:

Dear heavenly Father, as we seek You, bring to our minds all the corporate sins that we have committed in our marriage and family. Remind us of the sins of our ancestors and their families. Open our eyes to any tendency to repeat the same dysfunctional patterns. Give us discernment to identify and renounce the corporate sins in our marriage we have tolerated or have not dealt with adequately. Grant us grace that we may confess them, renounce them, turn away from them and commit ourselves never to return to them. In Jesus cleansing name, we pray. Amen.

When you both are finished, make the following declaration:

DECLARATION

We confess and renounce our own corporate sins and all those sins of our ancestors. We declare by the grace of God that we are new creations in Christ. We commit ourselves and our marriage to the Lord Jesus Christ. We take our place in Christ, and by His authority we command Satan to flee from us, our marriage and our family. We belong to God, and we are a part of His family and under His protection. We put on the armor of God and commit ourselves to stand firm in our relationship to our heavenly father.

We must accept one another and build up one another. Growth in character will also take time, and we must be patient with each other. Unconditional love and acceptance frees each of us so that we can accept ourselves and grow in the grace of the Lord.

CONCLUDE THIS STEP WITH THE FOLLOWING PRAYER:

Dear heavenly Father,

Thank you for your unconditional love and acceptance. We give ourselves and each other to you. Enable us by Your grace to accept each other as You have accepted us and to be merciful as You have been merciful. Show us how we can build up one another, encourage one another and forgive one another. We acknowledge that we have not attained the full stature of Christ, the desire to be like You in our marriage and in all we do.

We face up to our own corporate sins as well as the family sins of our ancestors. We honestly confess our participation in them and agree this behavior is unacceptable to You. We disown them and repudiate them. In Jesus name, we break all the influence of their dysfunctional patterns on us and our marriage. We cancel out all advantages, schemes and other works of the devil that have been passed from our ancestors to us into our marriage. We break any foothold or stronghold built from the enemy's influence and give our hearts to You for the renewing of our minds.

We invite the Holy Spirit to apply the shed blood of the Lord Jesus on Calvary's cross to our corporate sins and to our ancestral sins. Through God's grace, by faith, we claim the work of Christ in His death and resurrection as our ransom from sin, release from guilt and removal of shame.

In Jesus precious name, we pray. Amen.

ASK THE LORD TO REVEAL TO YOUR MIND ANY UNGODLY WAYS YOU HAVE RELATED TO EACH OTHER:

Dear heavenly Father,

We thank You for Your full and complete love and acceptance. Thank You that the unselfish sacrifice of Christ's death on the cross and His resurrection met our greatest need for forgiveness and life. We ask You to reveal to our minds any ways we have been selfish in our relationship with each other. Show us how we have not loved each other, not accepted each other, not respected each other and have not been submissive to the needs of each other in the fear of God. Show us how we have been angry, jealous, insecure, manipulative or controlling. In Jesus name, we pray. Amen.

PRAYER OF COMMITMENT:

Dear heavenly Father,

We have fallen short of Your glory and have not lived up to our responsibilities. We have been selfish and self-centered. Thank you for Your forgiveness. We commit ourselves to an increasing pattern of love, acceptance and respect for each other. We will submit to each other's needs in reverence to Christ. Restore to us our first love. In Jesus name, we pray. Amen.

RENOUNCING SEXUAL SIN/BONDAGE:

Dear heavenly Father, we know You desire for us to be free from sexual bondage and to be responsive and respectful of each other's needs. Free us from our lust, and may our sexual union be one of honest love and respect for each other. We now ask you to reveal to our minds any way we have sexually violated our marital commitment to each other. Give us the grace to speak the truth in love and the desire to be intimately bonded together sexually. If we have not been honest about our sexual needs and desires, show us how. Give us the freedom to communicate in such a way that our love for each other can be fully expressed. In Jesus precious name, we pray. Amen.

DECLARATION:

in the name and authority of the Lord Jesus Christ, we command Satan to leave our presence. We present our bodies to the Lord Jesus Christ and reserve the sexual use of our bodies for each other only. We renounce the lie of Satan that sex is dirty or that our bodies are dirty. We stand naked and unashamed before God and each other.

PAINFUL MEMORIES:

Dear heavenly Father, sometimes pain has come to us through circumstances, sometimes from other people, sometimes from each other. Whatever the cause, surface in our minds all the pain that You want us to deal with at this time. Let us get in touch with the emotional core of hurt and heartache, trauma and threats that have damaged our marriage. Show us where we have allowed a root of bitterness to spring up, causing trouble and defiling many.

In Jesus precious name, we pray. Amen.

FORGIVENESS:

Dear heavenly Father,

We thank You for Your unconditional love and forgiveness. It is Your kindness and patience that have led us to forgiveness. In the name of Jesus and with His kindness and tenderness, we forgive every person who has ever hurt us, our family or our marriage. We forgive each other for the pain that has come through weakness, poor judgment and outright sin. We accept your forgiveness of ourselves for the pain and damag caused in our marriage.

By Your grace, bring healing, help and hope to those who have hurt us and to those who have been hurt by us. We bless them all in the name of our Lord Jesus Christ, who taught us, "love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you" (Luke 6:27 – 28). According to Your Word, we pray for those who have hurt us. In the precious name of Jesus, we pray. Amen.

DECLARATION – RESIST THE DEVIL

By the authority of the Lord Jesus Christ, who is seated at the heavenly Father's right hand, we assume our responsibility to resist the devil. We declare that we are crucified, buried, made alive, raised up and seated with Christ at the right hand of God. In union with Christ and with His authority, we command Satan to release any foothold on our lives or any influence on our marriage. In the all-powerful name of the crucified, risen and reigning Lord Jesus Christ, we command Satan and all his evil spirits to leave our presence and our marriage. Do not come back. Take away with you all of your lingering effects on our memories, our relationships, our present thoughts and our future together.

UNMASK SATAN'S DECEPTIONS:

Dear heavenly Father, we stand under Your authority. We give thanks that You are our hiding place, our protection and our refuge. We clothe ourselves and our marriage with the Lord Jesus Christ and with the full armor of God. We choose to be strong in You, Lord, and in the strength of Your might. We stand firm in our faith, submit to You and resist the devil.

Open our eyes to see the attacks of the evil one against us, our marriage and our family. Give us spiritual discernment to become aware of Satan's schemes, not ignorant of them. Open our eyes to the reality of the spiritual world in which we live. We ask You for the ability to discern spiritually so that we can judge rightly between good and evil.

As we wait silently before You, reveal to us the attacks of Satan against us, our marriage, our family and our ministries so that we may stand against them and expose the father of lies. In Jesus discerning name, we pray. Amen.

When you tear down an established satanic stronghold in your family, you may face some resistance. To walk free from past influences and present attacks, verbally make the following declaration:

As children of God who have been delivered from the power of darkness and translated into the kingdom of God's dear Son, we submit to God and resist the devil. We cancel out all demonic workings passed on to us from our ancestors. We have been crucified and raised with our Lord Jesus Christ, and we now sit enthroned with Him in heavenly places.

We renounce all satanic assignments directed toward us, our marriage, our family and our ministry. We cancel every curse Satan and his deceived, misguided or evil workers have put on us and our marriage. We announce to Satan and all his forces that Christ became a curse for us when He died on the cross. We reject any and every way in which Satan may claim ownership of us.

We belong to the Lord Jesus Christ, who purchased us with His own blood. We reject all other occultic rituals and blood sacrifices whereby Satan may claim ownership of us, our marriage and our children. We declare ourselves to be eternally and completely signed over and committed to the Lord Jesus Christ. By the authority we have in Jesus Christ, we now command every familiar spirit and every enemy of the Lord Jesus Christ to leave our presence and our home forever. We commit ourselves to our heavenly Father to do His will from this day forward.

Prayer of commitment:

Dear heavenly Father, we come to You as Your children, purchased by the blood of the Lord Jesus Christ. You are the Lord of the universe and the Lord of our lives. We yield our rights to you as the Lord of our marriage. We submit our bodies to you as instruments of righteousness, a living sacrifice, that we may glorify You in our bodies and in our marriage. We reserve the sexual use of our bodies for each other only. We now ask You to fill us with Your Holy Spirit. We commit ourselves to the renewing of our minds to prove that Your will is good, perfect and acceptable for us. We commit ourselves to take every thought captive to the obedience of Christ. All this we do in the name and authority of the Lord Jesus Christ. Amen.

Declaration – renounce evil spirits in home

As children of God, seated with Christ in the heavenly places, we command every evil spirit to leave our presence and our home. We renounce all curses and spells against our house, property, possessions and our very selves. We announce to Satan and all his workers that our marriage, our family and all that our heavenly Father has entrusted to us belong to the Lord Jesus Christ. We submit them all to the direction and control of the Holy Spirit.

Declaration – take authority over marriage

Satan, we renounce you and all your works and all your ways. We submit ourselves and our marriage to God, and we resist the devil. In the all-powerful name of the Lord Jesus Christ, we command you to leave our marriage. Take all of your deceitful spirits, evil demons and fallen angels with you, and go to the place where the Lord Jesus Christ sends you. Leave us and our marriage, and don't come back. Take with you all of your temptations to violate our marriage vows. Take with you all of your accusing and demeaning thoughts we could think against each other. Take with you all of your deceptions that contradict God's written word. The Lord Jesus Christ has torn down your demonic authority, and we stand against your influence and activity toward our lives and our marriage.

You are a defeated foe, disarmed of your weapons, and were made a public spectacle by the cross of Christ. Greater is He who is in us than he who is in the world. The prince of this world now stands condemned. Christ has the supremacy over every evil throne, power, rule or authority. Jesus shared our humanity that by His death He might destroy him who holds the power of death, that is, the devil. We resist you by the authority of Christ and because we are alive in Him. Therefore, you must flee from us now.

PRAYER:

Dear heavenly Father,

We gladly acknowledge you created marriage and family life for your glory. Thank You for designing marriage as a creation order, woven into the fabric of human society. We commit ourselves anew to a covenant of Christian marriage with all its blessings.

We renounce the devil's lie that we are married singles, bound only by a human relationship and a social contract. We recall that our marriage is binding as long as we both shall live. We acknowledge that we can never violate our marriage vows without bringing lasting damage on ourselves, our children and our descendants for three or four generations to come.

We confess we have not perfectly lived up to our marriage vows. We confess we have not always lived as one in Christ. We have fallen short of Your perfect will by our own selfishness and sin. We gladly accept your forgiveness of our sins through the blood of Christ on the cross. By grace through faith, we receive Christ's abundant life into our hearts and His holiness into our marriage.

We crucify our own fleshly lusts and sinful desires that tempt us to ignore or violate our marriage vows. We clothe ourselves and our marriage with the Lord Jesus Christ and His armor of light. We give ourselves to live by the Spirit in daily obedience to Christ.

We announce that in Christ we have all the spiritual blessings we need to live out our new creation. We affirm that we are one in Christ Jesus – one marriage, one flesh, and one family. We submit ourselves and our marriage to the ownership of our heavenly Father, to the Lordship of Jesus Christ and to the power of the Holy Spirit. From this day forward, we ask You to use our marriage to display Your splendor before our children. We invite You to work through us to show Your glory in the midst of a corrupt and wicked generation. In Jesus glorious name. Amen.

PRAYER:

Dear heavenly Father,

We honor You as our sovereign Lord. We acknowledge that You are always present with us. You are the only all—powerful and all—knowing God. You are kind and loving in all Your ways. We love You. We thank You that we are united together with Christ, and we are spiritually alive in Him. We choose not to love the world, and we crucify the flesh and all its sinful desires.

We thank You that we are children of God, new creations in Christ Jesus and filled with His eternal life. We ask you to fill us with Your Holy Spirit so that we may live our lives free from sin. We declare our dependence on You, and we take our stand against Satan and all his lying ways. We choose to believe the truth, and we refuse to be discouraged or to give up hope for our marriage. You are the God of all hope, and we are confident that You will meet our needs as we seek to live according to Your Word. We express with confidence that we can live a responsible life and be faithful in our marriage through Christ who strengthens us. We ask these things in the precious name of our Lord and Savior, Jesus Christ. Amen.

DECLARATION:

We now take our stand in Christ and we put on the whole armor of God. In union with Christ, we command Satan and all his evil spirits to depart from us. We submit our bodies to God as living sacrifices and renew our minds by the living Word of God so that we may prove the will of God is good, acceptable and perfect.

DIVORCE

Dear heavenly Father, I have not been the spouse you created me to be, and I deeply regret that my marriage has failed. I choose to believe that you still love and accept me. I choose to believe that I am still your child, and that your desire for me is that I continue serving you and others in your kingdom. Give me the grace to overcome the disappointment and the emotional scars that I carry, and I asked the same for my ex-spouse. I choose to forgive him or her and to forgive myself for all the ways I contributed to the divorce. Enable me to learn from my mistakes and guide me so that I don't repeat the same old flesh patterns. I choose to believe the truth that I am still accepted, secure, and significant in Christ. Please guide me to healthy relationships in your church, and keep me from seeking a marriage on the rebound. I trust you to supply all my needs in the future, and I commit myself to following you. In Jesus name I pray. Amen.