
Soul Detox

The Problem – The Solution – Soul Prosperity

**The most valuable asset that we have is our souls.
Our souls must be brought into alignment with God's Word.**

THE PROBLEM

Why does it seem like our lives aren't working the way we need them to work? Why do we lack the power to live the way we want? Why do we often make so many irrational and self-defeating decisions? Why do we try so hard to change but end up doing the things we hate?

Strongholds of fear, anger, poverty, low self-esteem, pride and selfishness continue to control many Christians years after they are saved. Though they have prayed about them and try to get deliverance, the problem persists. And these things will never change in their lives until they are transformed by the renewing of their minds.

I have gained a much greater understanding of why so many Christians never walk in the peace, joy and freedom of their salvation. We will not live the life Jesus died to give us if we hold onto old, traditional, carnal or negative ways of thinking. But we can walk in the freedom of God's blessed, abundant life through the renewing of our mind.

So many "pew warming" Christians have been raised so long in the religious culture of just making a living and trying to hang in there that they don't know God's abundance even exists. The environment they were raised in keeps them in a perpetual state of doubt and unbelief, which leads to confusion. They're constantly frustrated. Their lives are not what God willed. Their vision is not what God planned. What they see for tomorrow is not what God sees for tomorrow.

You can't believe any further than you have knowledge.

How many Christians hang onto the thoughts and attitudes of the world and never renew their minds to the Word of God? So many stay in their wilderness of depression, sin, stress, poverty or whatever problem may come along, and they never experience the promised land that God has made available.

Christians spend a lot of time reading their Bibles, but many of them have a negative mental attitude about everything. The reason that their mental attitude is not right is because they are only reading the Bible, and they are not meditating upon the Word. The Bible stresses the importance of meditation in God's Word.

So many Christians struggle through life with negative attitudes, sin, failures, financial issues and depression and wonder why it's all happening to them. The fact is, they are still conformed to the world, and because their mind has not been renewed, they can't prove what is the good, acceptable and perfect will of God in their lives. (Romans 12:2)

Do you want to change from being weak, inferior and bound by all kinds of problems into someone who releases and experiences the abundant life of God from within? The Word of God reveals that the way to do this is by the renewing of your mind. You must become intentional in planting the seed of God's Word into the fertile soil of your heart.

THE SOLUTION

The Word of God is infinitely above anything on this earth. The Word of God is filled with precious supernatural spiritual seeds that are filled with the living power of God Himself. If you continually plant these precious seeds from God's Word in your heart, you actually are planting the power of Almighty God deep down inside of yourself. If God's Word is planted in your heart, you'll receive. It doesn't matter what you feel — God's Word will produce a harvest.

The whole kingdom of God – the Christian life, your victory, your success as a believer – is as simple as taking the Word of God and sowing it in your heart. If you will just cooperate and let the Word of God germinate, you will change effortlessly.

God's Word contains His life in it. If you would take His Words, His sayings, His promises, and put them on the inside of you, then God's kind of life would start flowing through you. You would find that healing, financial provision, joy, peace – everything Jesus provided – are contained in God's Word.

**Keep your soul strong with the Word of God.
Continually meditate on God's Word in order to prosper your soul.**

We think it's God's responsibility, it's His turn to fix this problem, when the truth is that God has done his part. He gave us the seeds of his Word, which will grow the solution to our problem. He's given words that have life to them. All you have to do is take that Word, stand on it, and begin to release the life that is in that seed – the Word of God.

Even though it does not make sense to attempt to receive a harvest without planting seeds, this is exactly what many Christians do. Many Christians attempt to receive a harvest of (healing, deliverance, financial provision, etc.) without faithfully planting the seed of the Word in the good soil of their hearts.

The number one reason why people aren't receiving from God is because they literally haven't taken the truths of his Word and planted them in their heart..... You're wondering, why isn't God answering my prayer? He's given us the seeds but we haven't planted them!

Your spirit is already recreated. In your spirit, you're exactly the way you'll be throughout eternity. And your body is basically your soul's caboose. Whatever you think in your soul, your body will just go along for the ride. Therefore, it's your soul – your mind, your thoughts and your attitudes that determine whether you experience victory and the life of God in your circumstances or the defeat and death of the fallen natural realm. Renewing your mind to the Word facilitates your transformation!

**Anyone who studies Joshua 1:8 and Psalm 1:1-3 will see the importance
our Father places upon meditating on His Word. He promises wonderful
rewards to His children who meditate day and night on the holy Scriptures.**

A prospered soul cannot live and stay strong on the Word that you received last year. Don't try to rely on what you remember from the Word. You keep God's words in the midst of your heart by attending to the Word, inclining your ear to the Word and letting the Word not depart from your eyes.

Do not attempt to intellectualize this process. Continually plant these magnificent spiritual seeds with unwavering faith in Almighty God. If Jesus told you that His Word is a seed and that the good soil to plant these seeds is your heart, that is all you need to know. You should be determined to plant as many seeds as you possibly can into the fertile spiritual soil of your heart.

SOUL PROSPERITY - MORE THAN AN ACADEMIC UNDERSTANDING

In order to prosper your soul, you need to do more than just know God's Word; you need to **internalize it**. More than just **mental ascent**, God's Word must be **settled in your heart**.

Prospering your soul takes conscious effort. If you are just going to give God an hour or two a week, your mind will not be renewed. The Word won't be **implanted** in you. You might know it with your head, but it's the **engrafted** Word in your soul that changes you.

You can't just know the Word **intellectually**. You must meditate on it so it becomes **living and active on the inside of you**. Most of us don't meditate on the Word as we should. We are occupied and don't have time, and we are upset with God when we don't receive His favor or blessing in our life. That's just as foolish as the farmer who didn't plant his seed but was upset when he didn't receive a crop.

The Word has to be **in your heart** for it to begin to activate the life of God. You can't just read it with your eyes and take a little truth into your brain. You have to put it **deep down on the inside** of you. You must meditate on the Word until it literally **takes root on the inside** of you. That's when it will just start supernaturally producing.

Some Christians only know God in their **minds**. Our Father wants each of us to know Him intimately in our **hearts**. We think with our **minds** and we believe with our **hearts**.

God's Word will only grow in our hearts to the degree that we constantly meditate on it. **Head knowledge** isn't sufficient to activate any of God's laws. God's laws come from a spiritual realm that is completely different from the natural world that we live in. We can't receive a full revelation of God's laws with **our minds**.

Our Father doesn't want us trying to figure out His laws with our **human understanding**. The key to activating His laws is to **get them down inside of our heart**.

Our souls will prosper as we fill our hearts and our minds with God's Word.